Working It



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Scott Schrank (USA)

音乐: Uh Huh - B2K



CROSS ROCK, POINT,	CROSS ROCK POINT	SAILOR TURN TAP	STEP PIVOT TURN
CINOSS INCOM, FOIRI,	CINCOS INCCIN. FOINT	. OMILOIN I DINN. IME	. GILE. FIVOI IONI

1&2	Cross rock right foot over left, recover weight to left, point right toe to right
3&4	Cross rock right foot over left, recover weight to left, point right toe to right

5&6 Step ball of right foot behind left, pivot ¼ turn right on ball of right while weighting the left, tap

right heel forward

&7 Bring right foot next to left, step forward on left

&8 Pivot ½ turn right on balls of both feet, step forward on left (9:00)

PIVOT BALL CROSS, ROCK BALL CROSS, ROCK BALL TURN, TURN, COASTER TURN

&1	Pivot ¼ turn to the right on balls of both feet, cross left foot over right (12:00)
2&3	Rock right foot to right, recover weight to left foot, step right foot in front of left

4&5 Rock forward on left foot, recover weight to right foot while turning ½ turn left on ball of right,

step left foot forward (6:00)

6 Pivot ½ turn left on ball of left while stepping back on right foot (12:00)

7&8 Step left foot slightly back, step right foot next to left, while making ¼ turn to left cross left foot

over right (9:00)

BALL CROSS, POINT, SAILOR STEP, MAMBO FRONT, MAMBO BACK

&1	Step ball of right foot to right, or	cross left over right (9:00)

2 Twist body ¼ turn right and touch right toe forward (leave weight on left foot)

3&4 As you face back to 9:00 wall - step right foot behind left, step left foot in place, step right foot

forward (9:00)

Step left foot forward, step right foot in place, step left foot next to right

Step right foot back, step left foot in place, step right foot next to left

ROCK BALL TURN, SIDE BALL CROSS, SIDE BALL, CROSS ROCK, CHASSE LEFT

1&2 Rock forward on left foot, recover weight to right foot while turning ½ turn left on ball of right,

step forward and weight the left (3:00)

Side rock right foot right, recover weight to ball of left, cross right foot over left Side rock left foot left, recover weight to ball of right, cross rock left foot over right

&7 Step right foot slightly back, step left foot left

&8 Step ball of right next to left, step left foot left while weighting the left

REPEAT