

Would You Dance (If I Asked You To Dance)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Hazel Pace (UK)
音乐: Hero (Metro Mix) - Enrique Iglesias



WALK RIGHT, LEFT, STEP, LOCK, STEP, ¾ TURN RIGHT, SIDE SHUFFLE, ROCK

1-2 Walk forward right, left
3&4 Step forward right, lock left behind right, step forward right.
5 Step forward left spinning ¾ turn right on ball of left (lifting right foot as you turn)
6&7 Quickly step right to right side, step left beside right, step right to right side
8 Cross rock left over right

RECOVER, SIDE STEP (CROSS TWIST, SIDE TWIST, X 3 - WITH FINGER CLICKS)

1-2 Recover weight on right, step left to left side
3 Cross right over left twisting your body and left foot to left diagonal and take weight on right when facing left diagonal
4 Step left to left side while twisting your body and right foot to face home wall and take weight on left when facing home wall
5-8 Repeat counts 3 & 4 two more times

Hand movements on counts 3-8

Hands at head height as in black coffee. When twisting to left diagonal hands go right. When facing home wall bring arms to front clicking fingers

CROSS ROCK, SIDE SHUFFLE ¼ TURN, RIGHT STEP ¼ PIVOT RIGHT, CROSS ROCK

1-2 Cross rock right over left, recover on left
3&4 Step right to right side, step left beside right, step right into ¼ turn right
5-6 Step forward left, ¼ pivot turn right (weight on right foot)
7-8 Cross rock left over right, recover on right

SIDE SHUFFLE LEFT, CROSS ROCK, ¾ TURN RIGHT, BACK LOCK BACK

1&2 Step left to left side, step right beside left, step left to left side
3-4 Cross rock right over left, recover on left
5-6 Step right into ¼ turn right, on ball of right ½ turn right stepping back on left
7&8 Step back on right, lock left over right, step back on right

BACK ROCK, RECOVER, TOE TOUCH TWICE, STEP ¼ PIVOT

1-2 Rock back on left, recover on right
3-4 Touch left toe forward, step down on left
5-6 Touch right toe forward, step down on right
7-8 Step down on left, ¼ pivot turn right.

CROSS FLICK ¼ TURN LEFT, STEP LOCK STEP, ROCK STEP, COASTER STEP

1 Cross left over right.
2 Weight on left flick right leg out turning ¼ turn left
3&4 Right step forward, lock left behind right, step forward right.
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right beside left, step forward on left

STRIDE SLIDE FORWARD, ROCK RECOVER, STRIDE SLIDE BACK, ROCK RECOVER

1-2 Stride forward on right, slide left towards right

- 3-4 Rock forward on left, recover on right
- 5-6 Stride back on left, slide right towards left
- 7-8 Rock back on right, recover on left

STEP ½ PIVOT LEFT, STEP LOCK STEP, STEP ¾ TURN RIGHT, STEP LOCK STEP.

- 1-2 Step forward on right, ½ pivot turn left
- 3&4 Step forward on right, lock left behind right, step forward on right
- 5 On ball of right ½ turn right stepping back on left
- 6 On ball of left ¼ turn right stepping right to right side
- 7&8 Step forward on left, lock right behind left, step forward on left

REPEAT

OPTIONAL INTRO

For first 30 seconds, if dancing to the song "Hero", 1-32 counts danced on the spot. Starts very slowly getting slightly quicker. Start on the word "dance"

- 1-2 Rock forward on right, recover on left
- 3&4 Right coaster step.
- 5-6 Rock forward on left, recover on right
- 7&8 Left coaster step

On the word "dance" you will be on counts 1 & 5

- 9&10 Step forward on right, ½ pivot left, step forward on right
- 11-12 Rock forward on left, recover on right
- 13-14 Rock back on left (looking back over left shoulder), recover on right
- 15&16 Step forward on left, ½ pivot right, step forward on left

On the words "would you run" you will be on counts 9 & 10 and on the words "never look back" you will be on count 13

- 17&18 Rock right to right side, recover on left, cross right over left
- 19&20 Rock left to left side, recover on right, cross left over right
- 21&22 Repeat 17 & 18
- 23&24 Step forward on left, ½ pivot right, step forward on left

On the words "would you cry" you will be on counts 17 & 18 and on the words "if you saw me crying" you will be on counts 21 & 22. Bring right hand up to eyes as if wiping a tear

- 25-32 Slow walk making 1 ½ turns left

Walking round in a circle clicking fingers starting on right, left, repeat 3 times (start walking on the word "save")

You will now be facing front ready to start the dance.
