Wrangler Butts

拍数: 32

墙数:4

编舞者: Gail Smith (USA)

音乐: Wrangler Butts - Jeff Moore

WIGGLE WALK (HANDS ARE PLACED ON BACK POCKETS)

After the first time through the dance, count 1 will be a step down in place and turn head to face forward to begin again

- 1&2 Left step forward as you wiggle hips forward, back, forward
- 3&4 Right step forward as you wiggle hips forward, back, forward

STEP, PIVOT ½, KICK - BALL - CHANGE (HANDS REMAIN ON BACK POCKETS)

- 5-6 Left toe step forward, pivot to 1 / 2 turn right (weight on right foot)
- 7&8 Left kick forward, on ball of left foot step next to right foot, right step in place

SIDE HOP - TOUCHES & CLAPS

- &-9-10 Left step to side, right toe touch next to left foot, hold position & clap
- &-11-12 Right step to side, left toe touch next to right foot, hold position & clap

SIDE HOP - TOUCHES, HEEL JACK, BRUSH

- &-13 Left step to side, right toe touch next to left foot
- &-14 Right step to side, left toe touch next to right foot
- &-15 Left hop step back, right heel touch forward (toe pointed up)
- &-16 Right step down in place, left brush forward

CROSS, UNWIND - FULL TURN, BACKWARD SHUFFLE

17-18 Left toe step crossed over right foot, unwind one full turn right and raise left foot

19&20 Shuffle backward left, right, left

SIDEWAYS SHUFFLE, CROSS, UNWIND - ONE FULL TURN

- 21&22 Shuffle to side right, left, right
- 23-24 Left toe step crossed over right foot, unwind one full turn right and raise left foot

JAZZ JUMPS FORWARD AND BACKWARD WITH CLAPS

- &-25-26 Hop forward with left foot and then right foot, hold position & clap
- &-27-28 Hot backward with right foot and then left foot, hold position & clap

CROSS, UNWIND SLOWLY 3 /4 TURN

- 29 Place hands on back pockets as right toe steps crossed over left foot knees bent
- 30 Begin to unwind to 3 / 4 turn left head does not turn with body. When turn is complete, you're looking back
- 31 (Knees still bent) Continue turning and slide left hand around to front of thigh, right hand remains on back pocket
- 32 Complete turn and straighten legs pushing right hip out and bend slightly forward at the waist (when turn is complete weight is on the right foot and left heel is forward with toe pointed up.)

REPEAT





级数: