# Wrangler Cha Cha



编舞者: Max Perry (USA)

音乐: Check Yes or No - George Strait



#### **ROCK & SHUFFLE:**

Rock forward on left foot
 Step right foot in place
 Shuffle back on left, right, left
 Rock back on right foot

6 Step left foot in place

7&8 Shuffle forward on right, left, right

## **TURNS**

9-10 Step forward on left; turn ½ turn to the right 11-12 Step forward on left; turn ½ turn to the right

& Hitch right knee

#### **HIP BUMPS:**

Turn ¼ turn to right (swiveling on left foot) stepping right foot out to right side and bumping

hips to the right at the same time

14-16 Bump hips to the left, right, left

#### **ROCK & SHUFFLE:**

17-18 Cross right over left; rock back on left
19&20 Side shuffle to the right on right, left, right
21-22 Cross left over right; rock back on right
23&24 Side shuffle to the left on left, right, left

## **TURN AROUND:**

(NOTE: This is a full left turn while dancing a rock step as it is done in "Cruisin"")

25 Cross right over left and turn ½ turn to the left on ball of left foot

26 Continue turn stepping left in place to complete full turn

27&28 Side shuffle to the right on right, left, right

## **WALK & TURN:**

29-30 Step forward on left, right

31-32 Step forward on left and turn ½ turn to right lifting right foot slightly off floor; step right foot in

place

#### **REPEAT**