

You Bet

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
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音乐: I Can Love You Better - The Chicks



RIGHT FOOT SWIVEL, RIGHT HEEL, LEFT HEEL, STEP TOGETHER

- 1&2 Swivel right toe out, in, out, moving away from left ending in a lunge position with weight over right foot with right heel lifted
3 Turn head to right side
4 Turn head back to center and draw right foot to left ending with feet together, weight on left foot
5&6 Place right heel forward, step right next to left, place left heel forward
&7 Step left to right, take big step forward with right slightly
8 Drag left foot along floor to join right with body roll forward

SIDE TOUCHES, KICK BALL CHANGE, WALKS & HIP CIRCLES

- 1&2& Touch right foot to right side, step right next to left, touch left foot to left side, step left foot next to right
3&4 Kick right foot forward, step on to ball of right, step on to left foot on the spot
To add style, kick right across body to left diagonal front, step right behind body on ball of foot & turn head to look behind body, step left foot in place turning head back round to front
5-6 Walk forward right, step left forward placing ball of foot on the floor turning upper body to right diagonal (2:00)
7-8 Circle hips in washing machine action towards front leg hip up, back to back leg, hip down, transferring weight on to left

POINT TURN, KICK & TOUCH RIGHT & LEFT

- 1-2 Point right foot forward, point right foot back (Charleston action)
3-4 Leaving right leg behind body, turn body ½ turn right touch right next to left
To advance instead of pointing leg, kick right forward kick right back, hitch knee on ½ turn, touch right next to left
5&6 Kick right leg forward, step on right to right side, touch left toe behind right heel
7&8 Kick left leg forward, step on left to left side, touch right toe behind

OUT, OUT, KNEE TWISTS, JUMP TOGETHER, PADDLE

- 1-2 Step right to right side, step left to left side, ending with feet wide apart, knees slightly bent
&3 Swivel heels outwards, knees in, jump toes out, knees in, out with a deeper bend
4 Jump feet together
5& Touch right to right side, hitch right knee
6& Touch right to right side turning ¼ turn left, hitch
7&8& Right knee x3

REPEAT