You Can Get It



拍数: 32 墙数: 4 级数: Improver cha cha

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音乐: You Can Get It - Baha Men



ROCK STEP, SHUFFLE FORWARD

1-2-3 Left foot step left, weight back on right, step left next to right
4&5 Right foot step forward, step left next to right, step right forward

STEP FORWARD, PIVOT, COASTER STEP

6-7 Left foot step forward, turn half right on left and right foot (after, turn weight on left)

8&9 Right foot step back, left next to right, right foot step forward

ROCK STEP 1/4 TURN, CROSS SHUFFLE

Left foot step forward, a quarter turn right on both feet (weight on right)
 Left foot cross over right foot, right next to left, left cross over right

ROCK STEP, CROSS SHUFFLE

14-15 Right foot step right, weight back on left

16&17 Right foot cross over left foot, left next to right, right cross over left (forward)

STEP LEFT, RIGHT COASTER STEP

18 Left foot step left

19&20 Step right foot diagonal left back, left foot next to right, step right back to center (forward)

LEFT COASTER STEP, 1/4 TURN COASTER STEP

21&22 Step left foot diagonal right back, right next to left, step left back to center

Step right foot diagonal left back with a quarter turn right, left next to right, step right back to

center (forward)

PIVOT ½ TURN AND A ¼ TURN

25-26 Left foot step forward, half turn right on left and right foot (keep weight on the right foot)

27-28 Step left foot forward, a quarter turn on your right foot to the right on both feet

ROCK STEP, TRIPLE TOUCH

29-30 Left foot forward, weight back on right

31&32 Step left next to right, right step in place, touch left beside right (in place)

REPEAT