You Make Me Feel Like Dancin'



编舞者: Helen Born (USA) & Nita Lindley (USA)

音乐: You Make Me Feel Like Dancin' - Groove Generation



RIGHT AND LEFT BACKWARD SAILOR STEPS

Right behind left, left to left side, right in place, left behind right, right to right side, left in place 5&6-7&8 Right behind left, left to left side, right in place, left behind right, right to right side, left in place

RIGHT AND LEFT ROLLING GRAPEVINES WITH CLAPS

1-2-3-4 Full turn to the right stepping right, left, right, touch left next to right& clap 5-6-7-8 Full turn to the left stepping left, right, left, touch right next to left & clap

SYNCOPATED FORWARD LOCK STEPS RIGHT AND LEFT

1&2-3&4 Step right foot forward, lock left behind right, step forward right, step left foot forward, lock right behind left, step left forward

5&6-7&8 Step right foot forward, lock left behind right, step forward right, step left foot forward, lock

right behind left, step left forward

MONTEREY TURNS ¾ RIGHT

1-2-3-4 Touch right toe to right, ¼ turn right with weight on left, step right next to left, touch left toe to left, step left next to right

5-6-7-8 Touch right toe to right, ½ turn right with weight on left, step right next to left, touch left toe to

left, step left next to right

REPEAT