

You're Right, I'm Left

COPPER KNOB
STEPPERS

拍数: 0 墙数: 1 级数: Improver mambo
编舞者: V. Elaine Lewis (USA)
音乐: I'm Left, You're Right, She's Gone - Tom Jones & James Dean Bradfield



Sequence: AB, AB, B, AB, TAG, AB, B, AB

PART A

MAMBO RIGHT, HOLD, MAMBO LEFT, HOLD

- 1-2 Rock right foot to right side, replace weight to left foot
- 3-4 Step together with right foot, hold
- 5-6 Rock left foot to left side, replace weight to right foot
- 7-8 Step together with left foot, hold

ROCK FORWARD RIGHT, RECOVER BACK LEFT, TRIPLE STEP IN PLACE, ROCK BACK LEFT, RECOVER FORWARD RIGHT, TRIPLE STEP IN PLACE

- 9-10 Rock forward with right foot, recover on left foot
- 11&12 Triple step in place
- 13-14 Rock back on left foot, recover on right foot
- 15&16 Triple step in place

- 17-32 Repeat the above 16 steps

PART B

¼ LEFT, ¼ LEFT, TRIPLE IN PLACE

- 1-2 Step forward on right foot, pivot ¼ left on the ball of right foot
- 3-4 Step forward on right foot, pivot ¼ left of the ball of right foot
- 5&6 Triple step in place

¼ RIGHT, ¼ RIGHT, TRIPLE IN PLACE

- 7-8 Step forward on left foot, pivot ¼ right on the ball of left foot
- 9-10 Step forward on left foot, pivot ¼ right on the ball of left foot
- 11&12 Triple step in place

STEP RIGHT, KICK LEFT, STEP LEFT, KICK RIGHT, STEP LEFT, KICK RIGHT

- 13-14 Step forward on right foot, kick left foot
- 15-16 Step forward on left foot, kick right foot
- 17-18 Step forward on right foot, kick left foot
- 19-20 Step back on left foot, touch right to left foot
- 21-22 Step back on right foot, touch left to right foot
- 23-24 Step back on left foot, touch right to left foot

VINE RIGHT, VINE LEFT

- 25-26 Step right foot to the right side, step left foot behind right foot
- 27-28 Step right foot to right side, touch left foot next to right foot
- 29-30 Step left foot to the left side, step right foot behind left foot
- 31-32 Step left foot to the left side, touch right foot to left foot

TAG

FULL ROLLING VINE RIGHT, TOUCH LEFT, FULL ROLLING VINE LEFT, TOUCH RIGHT

- 1-4 Step ¼ right, step ½ left, step ¼ right, touch left
- 5-8 Step ¼ left, step ½ right, step ¼ left, touch right

STEP LOCK, STEP SCUFF RIGHT, STEP LOCK, STEP SCUFF, LEFT, ½ TURN LEFT, HOLD, ¼ TURN LEFT, HOLD

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| 9-10 | Step forward on right foot, step left crossed behind right |
| 11-12 | Step forward on right foot, scuff (brush) left beside right |
| 13-14 | Step forward on left foot, step right crossed behind left |
| 15-16 | Step forward on left, scuff (brush) right beside left |
| 17-18 | Step forward on right foot, hold |
| 19-20 | Pivot ½ left on ball of right foot, hold |
| 21-22 | Step forward on right foot, hold |
| 23-24 | Pivot ¼ left on ball of right foot, hold |
| 25-78 | Repeat steps 9-24 three times |

STEP LOCK, STEP SCUFF RIGHT, STEP LEFT, PIVOT ¼ RIGHT, SHIFT WEIGHT TO LEFT

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| 79-80 | Step forward on right foot, step left crossed behind right |
| 81-82 | Step forward on right foot, scuff (brush) left beside right |
| 84 | Step forward on left foot, pivot ¼ left on ball of right foot shifting weight to left foot |
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