

You're The One

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver two step
编舞者: Audrey Watson (SCO)
音乐: You Are the One - Carlene Carter



ROCKING CHAIR, PIVOT ½ TURN, ½ TURN, BACK TOUCH, FORWARD TOUCH, BACK KICK, BACK TOUCH

1&2& Rock forward on right, rock back on left, rock back on right, rock forward on left
3&4 Step forward on right pivot ½ turn left, step ½ turn left stepping back on right
5&6& Step back on left, touch right toe across left foot, step forward on right, touch left toe behind right heel
7&8 Step back on left, kick right foot forward, step back on right, touch left toe across right foot

LEFT LOCK STEP, FORWARD ROCK BACK, BACK CLAP, BACK CLAP, ¼ TURN COASTER STEP

1&2 Step forward on left, lock right behind left, step forward on left
3&4 Rock forward on right, rock back on left, step back on right
5& Step back on left, clap hands
6& Step back on right, clap hands
7&8 Turn ¼ left stepping left behind right, step right to right side, step left to left side

RIGHT SHUFFLE, ROCK ¼ TURN TWICE

1&2 Step forward on right, step left next right, step forward on right
3&4 Rock forward on left, rock back on right, turn ¼ left stepping forward on left
5&6 Step forward on right, step left next right, step forward on right
7&8 Forward on left, rock back on right, turn ¼ left stepping forward on left

RIGHT LOCK STEP, FORWARD ROCK BACK, RIGHT LOCK BACK, COASTER STEP

1&2 Step forward on right, lock left behind right, step forward on right
3&4 Rock forward on left, rock back on right, step back on left
5&6 Step back on right, lock right across left, step back on right
7&8 Step back on left, step right next left, step forward on left

REPEAT

RESTART

If using the Billy Yates track there is a restart after count 8 on walls 2 & 5. Replace steps 7&8 as follows:

7&8 Step back on left, kick right foot forward, rock back on right

Start dance from beginning again