Just Ledoux It! (P)



编舞者: Kathy Gurdjian (USA)

音乐: Good Ride Cowboy - Garth Brooks



Position: If you were facing outside the circle, turn 1/4 left, facing LOD, start on the vocals

WALK FORWARD, HITCH 1/2 TURN RIGHT, WALK BACK, HITCH

1-4 Walk forward right, left, right, hitch left knee up and turn ½ right on ball of right

5-8 Walk back left, right, left, hitch up right knee

SHUFFLE FORWARD RIGHT & LEFT, PIVOT ½ LEFT, STOMP, STOMP

Shuffle forward right, left, right Shuffle forward left, right, left

5-6 Step right forward, pivot turn ½ left weight forward on left

7-8 Stomp right, stomp left

KICK BALL CROSS, STEP, TOUCH

1&2 Kick right, step on ball of right, cross step left over right stepping slightly forward

3-4 Step right to right side slightly forward, touch left next to right

5&6 Kick left, step on ball of left, cross step right over left stepping slightly forward

7-8 Step left to left side slightly forward, touch right next to left

These steps travel slightly forward

HIP BUMPS FORWARD, BACK, BODY ROLL

Step right forward and bump right hip forward 2 times
Weight back to left foot, and bump hips back 2 times
Keeping weight on left, body roll 2 times to the left

REPEAT