

# Just One Time

拍数: 48      墙数: 4      级数: Intermediate waltz  
编舞者: Robbie McGowan Hickie (UK)  
音乐: Somebody Stand By Me - Faith Hill



## LEFT TWINKLE HALF TURN LEFT, CROSS ROCK, SIDE STEP

1-2      Cross step left over right, turn  $\frac{1}{4}$  turn left stepping back on right  
3      Turn  $\frac{1}{4}$  turn left stepping left to left side, (facing 6:00)  
4-6      Cross rock right over left, recover weight on left, step right to right side and slightly back

## LEFT TWINKLE HALF TURN LEFT, CROSS ROCK, SIDE STEP

1-2      Cross step left over right, turn  $\frac{1}{4}$  turn left stepping back on right  
3      Turn  $\frac{1}{4}$  turn left stepping left to left side, (facing 12:00)  
4-6      Cross rock right over left, recover weight on left, step right to right side and slightly back

## LEFT TWINKLE, RIGHT TWINKLE QUARTER TURN RIGHT

1-3      Cross step left over right, step right to right side, step left in place  
4-6      Cross step right over left, turn  $\frac{1}{4}$  turn right stepping back on left, step right to right side

## WEAVE RIGHT, SIDE STEP, DRAG

1-3      Cross step left over right, step right to right side, cross left behind right, (facing 3:00)  
4-6      Long step right to right side, drag left towards right over 2 counts, (weight on right)

## ONE & QUARTER TURN LEFT, FORWARD ROCK, STEP BACK

1-2      Turn  $\frac{1}{4}$  turn left stepping forward on left, turn  $\frac{1}{2}$  turn left stepping back on right  
3      Turn  $\frac{1}{2}$  turn left stepping forward on left, (facing 12:00)  
4-6      Rock forward on right, rock back on left, long step back on right

Easier option for counts 1-3 above: vine  $\frac{1}{4}$  turn left

## LOCK STEP BACK QUARTER TURN LEFT, CROSS ROCK, SIDE STEP

1-3      Lock left across right, step back on right, turn  $\frac{1}{4}$  turn left stepping left to left side  
4-6      Cross rock right over left, recover weight on left, long step right to right side, (facing 9:00)

## CROSS, UNWIND FULL TURN RIGHT, HIP SWAYS X 3

1-3      Cross left over right, unwind full turn right over 2 counts, (weight on left)  
4-6      Step right to right side swaying hips right, sway hips left, sway hips right, (weight on right)

## QUARTER TURN LEFT, RONDE QUARTER TURN LEFT, RIGHT TWINKLE

1      Turn  $\frac{1}{4}$  turn left stepping forward on left, (facing 6:00)  
2-3      Sweep right out and around from back to front turning  $\frac{1}{4}$  turn left (over 2 counts)  
4-6      Cross step right over left, step left to left side, step right in place, (facing 3:00)

## REPEAT

## ENDING

Start the dance 48 counts from the main beat. The music slows down during wall 9. Slow down with the music, and finish the dance after the  $1 \frac{1}{4}$  turn left (wall 9), to end facing 12:00 wall. End the dance at this point although the music will start up again