Justin Tyme



拍数: 32 墙数: 4 级数:

编舞者: Donald E. Kaneski (USA) 音乐: Even If I Tried - Emilio



FORWARD HEEL AND SIDE TOE TOUCHES

Touch right heel forward
Touch right toes next to left
Touch right toes side right
Step right foot together with left

Touch left heel forward
 Touch left toes next to right
 Touch left toes side left

8 Step left foot together with right

FORWARD AND SIDE KICKS WITH SAILOR STEPS

9 Kick right foot forward

10 Kick right foot out to right side

11&12 Step right foot behind left, step left foot side left, step right foot side right

Imagine a sailor getting off an old sailing ship after months at sea. He's going to weave back and forth until he gets his legs back. Some instructors explain the step as though the sailor is drunk, but if you'd been rocking back and forth for months at sea you'd walk the same way. Sway your body with the steps and don't take real large steps sideways.

13 Kick left foot forward

14 Kick left foot out to the left side

15&16 Step left foot behind the right, step right foot side right, step left foot side left

FUNKY WALK BACK (ROGER RABBIT), STEP-BRUSH-SCOOT-STEP

Swing or sweep right foot out in a circle and step behind left Swing or sweep left foot out in a circle and step behind right

19&20 Swing or sweep right foot out and behind left, rock forward on left, rock back on right

21 Step left foot forward

22 Brush right past left into a hitch position

23 With right still in hitch position scoot forward on left foot

24 Step right foot forward

STEP TURNS AND MODIFIED JAZZ BOX

25 Step left foot forward and turn ½ right

26 Step in place on right foot

27 Step left foot forward and turn ¼ right

28 Step in place on right foot

29 Cross and step left foot over right

30 Step right foot back31 Step left foot side left

32 Touch or tap right foot next to left and clap

REPEAT