

# K-Factor!

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate/Advanced  
编舞者: Bronya Bishorek (MY) & Kobee Ng  
音乐: Pop Ya Collar - Usher



1&2      Step left foot to side, hitch right knee, touch right foot to side  
**Hands: on count 1, push right hand half length up. On &, pull right hand back to shoulder height. On 2, push right hand all the way up**  
3&4      Step right foot to side, hitch left knee, touch left foot to side  
**Hands: on count 3, push left hand half way across chest. On &, pull left hand back to shoulder. On 3, push left hand all the way across the chest**  
5-6      Step left foot diagonally forward, touch right foot next to left  
**Styling: on counts 5&, do two chest pops**  
7&8      Step right foot diagonally forward, touch left foot next to right  
**Styling: on counts 7&, do two chest pops**

1      Slide/step left foot diagonally back  
2      Slide/step right foot diagonally back  
3      Turn ½ right and slide/step left foot diagonally forward  
4      Turn ½ right and slide/step right foot to side  
5-8      Turn left knee in, hold, hold for 3 counts  
**Arms: on count 5, throw arms to left at shoulder height & look down. On counts &6, swing arms down & around over your head to the left. On 7, look up while maintaining body position. On counts &8, with arms & knees still in position, shift rib cage right, left**

1&2      Hitch left knee, step left foot in place, touch right foot to right  
3&4      Scuff right foot forward, hook right foot over left foot, lift & twist right hip forward  
5&6      Lunge right to side, hitch left knee and hop right to side twice  
7&8      Lunge left to side, hitch right knee, step right together  
**When dancing to "Get Up" by Ciara, change 5&6 to**  
5&6      Drag and tap with the left foot

1      Step right foot to side  
2&      Body roll down  
**Finish with knees turned in**  
3      Turn knees forward  
4&      Body roll up  
**Finish by popping you collar with both hands**  
5      Turn ¼ left and step left in place  
**Dip your head & pretend to hold a hat on your head (facing 9:00)**  
&6      Swivel both heels out, swivel both heels in  
7      Full spin right  
**Like Michael Jackson**  
8      Touch left foot to left  
**Open arms wide with chest facing right diagonal**

**REPEAT**