Jie Jie Mei Mei Zhan Qi Lai (Sisters Stand Up)



拍数: 0 墙数: 4 级数: Intermediate

编舞者: Chee Kiang Lim (SG)

音乐: Jie Jie Mei Mei Zhan Qi Lai - Dao Jin Ying



Sequence: A, A, B, B, Tag, A, A, B, B, Tag, A, Pause, B to the end This dance is dedicated to the Hubana Dancers on Valentine Day 2007

PART A

STEP FORWARD, ROCK RECOVER, COASTER TURN, PIZZI WALK, FORWARD SHUFFLE (PARTIAL)

1 Step right forward

2-3 Step left forward (bump hip forward), recover on right

4&5 Step left back, step right besides left, turn 1 /4 to right and step left forward

6-7 Cross step right over left, cross step left over right

8& Step right forward, step left besides right

STEP TURN, SCOOT, FLICK, FORWARD SHUFFLE, ROCK RECOVER SAILOR STEP (PARTIAL)

1 Step right forward and half turn to left (weight on right)

2-3 Scoot left back toward right, flick right back (look back over left shoulder)

Forward shuffle right, left, rightStep left forward, recover on right

8& Step left behind right, step right besides left

STEP SIDE, BACK ROCK, CHASSE, ROCK RECOVER, SIDE CHASSE (PARTIAL)

1 Step left to left (pushing hip to left)
2-3 Back rock on right, recover on left
4&5 Chasse to right on right, left, right

6-7 Cross left diagonally over right, recover on right

8& Step left to left, step right besides left

STEP TURN, PIVOT TURN, CHASSE TURN, TAP STEP, COASTER STEP (PARTIAL)

1 Turn 1/4 left and step left forward 2-3 Step right forward, pivot half turn to left

4&5 Turn 1/4 left and chasse to right on right, left, right

6-7 Tap left besides right, large step left to left 8& Step right back, step left besides right

PART B

CROSS POINT (TWICE), STEP DIAGONALLY BACK, TOUCH (TWICE)

1-2 Step forward on right, point left to left3-4 Step forward on left, point right to right

5-6 Step diagonally back on right, touch left besides right7-8 Step diagonally back on left, touch right besides left

SKATE OUT- OUT, HANDS ON HIPS, CUCARACHA HIP BUMPS

1-2 Skate right to right, skate left to left

3-4 Place right hand on right hip (bump right), left hand on left hip (bump left)

5-6 Bump hip to right then left

7-8 Bump hip to right then left (weight ends on left)

Styling: do a cucaracha "Figure 8" for step 5-8

SIDE STEPS, SIDE MAMBO, SIDE STEPS, SIDE MAMBO

1-2 Step right to right, step left besides right

3&4 Rock right to right, recover on left, touch right besides left

5-6 Step left to left, step right besides left

7&8 Rock left to left, recover on right, touch left besides right

Styling: Add Cuban hips as you side steps side mambo

ROCK RECOVER, STEP BACK, TOUCH, BACK ROCK, HALF TURN, TOUCH

1-2 Rock forward on right, recover on left3-4 Step back on right, touch left besides right

5-6 Back rock on left, recover on right

7-8 Half turn right and step back on left, touch right besides left

TAG

Repeat last 16 counts of Part B, that is from step 17-32

PAUSE

There is a long pause toward the end of the music. You will dance Part A till step 37 and hold. then wait for music to restart and you finish the coaster step to begin Part B again