J.M. Vertigo



编舞者: Jerry Siebe (USA) & Michele Derosa (USA) 音乐: Ain't No Sunshine - Lighthouse Family



DOUBLE TIME ROCK STEPS LUNGE

1&	Step left across right to 1:30 recover to right 12:00
2&	Step left back to 7:30 recover to right 12:00
3&	Step left across right to 1:30 recover to right 12:00
4	Step left to 9:00 drag right to left weight on left
5&	Step right across left to 10:30 recover to left 12:00
6&	Step right back to 4:30 recover to left 12:00
7&	Step right across left to 10:30 recover to left 12:00
8	Step right to 3:00 drag left to right weight on right

TURNING 1 1/4 TURN 1/2 PIVOT FULL TURN REVERSE FULL TURN

1&2	Cross left over right turning to 3:00 step right together turning ½ turn step left forward to 3:00 turning ½ turn facing 3:00
3&4	Step right forward to 3:00 bring left to right turning ½ facing 9:00 step right to 9:00
5&6	Step left to 9:00 turning 1/4 turn step right to 9:00 doing 3/4 turn step to 9:00 with left
7&8	Step right to 9:00 turning 1/4 turn step left to 9:00 doing 3/4 turn step to 9:00 with right

KICK STEP TOGETHER KICK STEP TOGETHER % TURN MAMBO TOUCH

1&2	Kick left to 11:00 step left to 6:00 bring right to left
3&4	Kick left to 11:00 step left to 6:00 bring right to left
5&6	Step left across right to 12:00 ¼ turn step right in place ½ turn facing 6:00 step left to 6:00
7&8	Step right to 9:00 step left in place touch right to left

BEHIND SIDE IN FRONT STEP RONDA LUNG BACK CENTER STEP

1&2	Cross right behind left step left to 3:00 cross right over left
3&4	Step left to 3:00 ¼ turn sweep right continuing rotation ¾ to face 6:00
5-6	Step right to 9:00 drag left to right ending with weight on left
7&8	Step right to 1:30 step left in place step together with right

REPEAT

TAG

On the third wall, do the dance the same but when you come to the turns you do the first 3 the same and on the last turn over rotate ¼ to face 6:00 then do a mambo left and a mambo right. Start again.