Judo Jump



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Gloria Johnson (USA)

音乐: Betty's Takin' Judo - Jeff Carson



KICKIN'

1 Kick right foot forward& Hitch right knee

Turn ¼ turn to the left on ball of left foot
Kick right foot out to right side twice

GRAPEVINE-RIGHT

5-7 Vine right (step right out to right, left behind right, step right out to right)

8 Touch left foot next to right

JUMPIN' TO & FRO

Fall back on left foot with right heel touching in place
 Jump forward on right with left toe touching behind
 Fall back on left foot with right heel touching in place
 Jump forward on right with left toe touching behind

GRAPEVINE-LEFT

13-15 Vine left (step left out to left, right behind left, step left out to left)

16 Touch right foot beside left

MORE JUMPIN'

Jump/switch feet changing weight to right foot with left heel touching in front
Jump/switch feet changing weight to left foot with right toe touching behind
Jump/switch feet changing weight to right foot with left heel touching in front
Jump/switch feet changing weight to left foot with right toe touching behind

KICKIN' AGAIN

21-22 Kick right foot forward twice

STEP N TURN

23-24 Step forward on right foot, turn ½ turn to the left

SLAPPIN' HEELS

Touch left heel to the floor, hitch left knee and slap heel with right hand Touch left heel to the floor, hitch left knee and slap heel with right hand

FACIN' LEFT

29 Step forward on left foot with foot angling ¼ turn to the left

30 Turning body ¼ turn to left step right foot next to left and about shoulder width apart

31 Step left foot in place 32 Step right foot next to left

REPEAT