

Jump

COPPER KNOB
STEPSHEETS

拍数: 50 墙数: 2 级数: Intermediate
编舞者: Ceris Davies & Peter Parker
音乐: Jump - Bus Stop



Start dance after you hear "Let me see you jump" about 33 seconds into the song

- | | |
|-------|---|
| 1-2 | Walk forward on right, left |
| 3-4 | Right shuffle forward on (right, left, right) |
| 5-6 | Left side shuffle on (left, right, left) |
| 7-8 | Right sailor step |
| 9-10 | Step forward on left hold |
| 11 | Bring right up behind left |
| 12-14 | (Repeat counts 9-11) |
| 15-16 | Step right forward hold |
| 17-18 | Pivot ½ turn over right shoulder |
| 19-20 | Stomp right then stomp left beside right |
| | |
| 21-24 | Left sailor then right sailor step |
| 25 | Right jumping jack at 45 degrees |
| 26 | Left jumping jack at 45 degrees |
| 27-28 | Right kick ball change (right, left, right) |
| 29-30 | Syncopated jump apart, clap |
| 31-32 | Syncopated jump together, clap |
| 33-34 | Jumping man step to right side |
| 35-36 | Right kick ball change on (right, left, right) |
| | |
| 37-38 | Rock forward on right, rock back on left |
| 39-40 | Step back on right, rock on right, rock forward on left |
| 41-42 | Right shuffle forward on (right, left, right) |
| 43 | Step left forward, hold |
| 44-45 | Swivel heels around on two counts until ¼ turn left |
| 46 | Syncopated jump back |
| 47-48 | Two apple jacks on (right and left) |
| 49-50 | Step left forward locking right behind, repeat |

After you've done two forward locks weight should be on left foot ready to go into dance again

REPEAT
