Jump Aloud



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音乐: Jump (For My Love) - Girls Aloud



KICK BALL STEP STEP PIVOT

1&2 Kick right forward, step right beside left, step on to left in place

3-4 Step forward right, pivot ½ turn left

5-8 Repeat 1-4

FORWARD ROCK TRIPLE 1/2 TURN TWICE

1-2	Rock forward on right, rock back onto left
3&4	Triple step ½ turn right stepping right, left, right
5-6	Rock forward on left, rock back onto right
7&8	Triple step ½ turn left stepping left, right, left

KICK AND TOUCH TWICE FORWARD ROCK AND COASTER STEP

1&2	Kick right forward, step back onto right, touch left
3&4	Kick left forward, step back onto left, touch right
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5-6 Step forward on right, step back onto left

7&8 Step back onto right, step back onto left, step forward onto right

FORWARD ROCK AND COASTER STEP KICK AND KICK AND CROSS UNWIND

1-2	Rock forward on left, rock back on right
3&4	Step back on left, step back on right, step forward onto left
5&6	Kick forward right, step back on right, kick forward left
&7-8	Step back on left, cross right over left, unwind ½ turn left

REPEAT

TAG

At the beginning of 6th, 10th and 12th wall hip bumps 2 right 2 left 2 right 2 left