

Just A Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Roy Verdonk (NL) & Darren Bailey (UK)
音乐: Just A Dance - Deborah Cox



Start dance with feet shoulder width apart

LOOK OVER SHOULDER(2X), KICK BALL CROSS, STEP RIGHT, LOCK BEHIND/HITCH

- 1 Turn upper body to right and look back over right shoulder
- 2 Turn upper body front wall again(12:00)
- 3 Turn upper body to left and look back over left shoulder
- 4 Turn upper body front wall again(12:00), ending with weight on your left foot
- 5 Right foot kick diagonally right forward
- & Right foot step in place next to left foot
- 6 Left foot cross in front of right foot
- 7 Right foot step to right side
- 8 Left foot lock behind right foot, while hitching right knee at the same time

Styling note on count 8, while doing your left lockstep your pushing your right knee up at the same time, optional: you can spread your hands with your palms to the front at waist level at the same time your hitching your right knee

SAILOR RIGHT, SAILOR LEFT(WITH ¼ TURN LEFT), WALK RIGHT, LEFT ROCK FORWARD AND TOGETHER

- 9 Right foot lock behind left foot
- & Left foot step to left side
- 10 Right foot step to right side
- 11 Left foot lock behind right foot
- & Right foot step to right side and make ¼ left on ball of right foot
- 12 Left foot step forward(9:00)
- 13 Right foot step forward
- 14 Left foot step forward
- 15 Right foot rock forward
- & Left foot recover
- 16 Right foot touch next to left foot

Styling note:

- 15 Throw your arms upwards, while bending your elbows. Looks like you're throwing something over your shoulders
- & Bring your arms down again next to your body
- 16 Pull your fists upwards into your "armpits", like an angry mama waiting for her late son to come home again from a party

MAKE A FULL TURN OVER RIGHT SHOULDER TRAVELING TO THE LEFT, END WITH HOP

- 17 Right foot make small step to right side, while lifting left foot of the floor
- 18 Left foot step down in place and make half turn over right shoulder on ball of left foot (3:00)
- 19 Right foot step to right side and make a half turn over right shoulder on ball of right foot (9:00)
- 20 Left foot step to left side, while touching right foot next to left foot(see this as a hop to left side)

VINE TO RIGHT, WITH ¼ TURN RIGHT, TWO HOPS, WITH ¼ TURN RIGHT

- 21 Right foot step to right side
- 22 Left foot lock behind right foot
- 23 Make a ¼ turn on ball of left foot and step right foot forward(12:00)

&24 Make two hops forward, while making a $\frac{1}{4}$ turn right(ending with weight on right foot, 9:00)

SIDE ROCK STEP, RECOVER, LOCK BEHIND AND CROSS IN FRONT, OUT/OUT, ROLL HIPS TO THE LEFT

25 Left foot rock step to left side(head looks to left side)

26 Right foot recover(head look to front)

27 Left foot lock behind right foot

& Right foot step to right side

28 Left foot cross in front of right foot

& Right foot step out to right side

29 Left foot step out to left side

30 Hold and look to the left side

31&32 Roll your hips to the left for two counts

REPEAT
