Just A Memory (P)

级数: Partner

编舞者: Nigel Payne (UK)

拍数: 64

音乐: Memories Are Made Of This - The Dean Brothers

Couples version of John Deans & Maggie Gallagher Dance Just A Memory

RIGHT & LEFT TOE STRUTS, RIGHT LOCK STEP, TOUCH

- 1-2 Step forward on right toe, drop right heel taking weight
- 3-4 Step forward on left toe, drop left heel taking weight
- 5-6 Step right foot to right diagonal, lock left foot behind right foot
- 7-8 Step right foot to right diagonal, touch left beside right foot

LEFT & RIGHT TOE STRUTS, LEFT LOCK STEP, TOUCH

- 9-10 Step forward on left toe, drop left heel taking weight
- 11-12 Step forward on right toe, drop right heel taking weight
- 13-14 Step left foot to left diagonal, lock right foot behind left
- 15-16 Step left foot to left diagonal, touch right beside left foot

RIGHT ROCK FORWARD & BACK, HOLD, LEFT ROCK BACK & FORWARD, HOLD

- 17-18 Rock forward onto right foot, rock back onto left foot
- 19-20 Rock back onto right foot taking weight, hold
- 21-22 Rock back onto left foot, rock forward onto right foot
- 23-24 Rock forward onto left foot taking weight, hold

WALK FORWARD RIGHT, LEFT, RIGHT, FLICK, LEFT, RIGHT, LEFT, FLICK

- 25-28 Walk forward right, left, right, flick left foot out to left side
- 29-32 Walk forward left, right, left, flick right foot out to right side

RIGHT TOE TOUCHES, GRAPEVINE RIGHT

- 33-34 Touch right toe to right side, touch right toe behind left foot
- 35-36 Touch right toe to right side, touch right toe beside left foot
- 37-38 Step right foot to right side, cross left foot behind right foot
- 39-40 Step right foot to right side, touch left foot beside right foot

GRAPEVINE LEFT WITH ¼ TURN LEFT, TOUCH, HIP BUMPS

- 41-42 Step left foot to left side, cross right foot behind left foot
- Drop left hands, raise right hands & bring ladies hand over her head as you both turn
- 43-44 Step left foot to left side making ¼ turn left, touch right foot beside left

Lady is now behind gent facing ILOD, both hand are joined & at waist height

- 45-46 Step right foot to right side bumping hips to the right, bump hips to the left
- 47-48 Bump hips right, then left, taking weight on left foot

GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT WITH ¼ TURN LEFT, TOUCH

- 49-50 Step right foot to right side, cross left foot behind right foot
- 51-52 Step right foot to right side, touch left foot beside right foot
- 53-54 Step left foot to left side, cross right foot behind left foot

Drop right hands, raise left hands & take left hand over ladies head as you turn & join right hands at waist height in front of mans belt

55-56 Step left foot to left side making ¼ turn left, touch right foot beside left foot

HIP BUMPS, STEP FORWARD, HOLD, PIVOT ½ LEFT, HOLD





墙

墙数: 0

- 57-58 Step right foot to right side bumping hips right, bump hips to the left
- 59-60 Bump hips right, then left, taking weight on left foot
- 61-62 Step forward on right foot, hold
- 63-64 Pivot ½ turn right, hold

As you pivot 1/2 turn right take ladies right hand back up to shoulder height, (sweetheart position)

REPEAT