

It Takes Two (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Paula Frohn-Butterly (USA) & Ron McCarthy
音乐: 455 Rocket - Kathy Mattea



Position: Double Hand Hold position. Man is facing OLOD (away from center of dance floor) and lady is facing ILOD. Man and lady follow mirror image footwork. Moves LOD

MAN'S STEPS

STEPS FORWARD, SAILOR SHUFFLES

- 1-2 Step forward on left, right
- 3&4 Cross left behind right, step slightly to the right on right, step left next to right
- 5&6 Cross right behind left, step slightly to the left on left, step right next to left

CHASSE

- 7-8 Touch left toe to the left step onto left in place
- & Step right next to left
- 9-10 Touch left toe to the left, step onto left in place
- & Step right next to left
- 11-12 Touch left toe to the left, hold

SWING BASIC

- 13&14 Triple step to the left (left-right-left)
- 15&16 Triple step to the right (right-left-right)
- 17-18 Step back on left, rock forward on right

TRIPLE STEPS TO BACK-TO-BACK POSITION

Lower man's right and lady's left hands and raise man's left and lady's right hands bringing them back over man's head

- 19&20 Triple step in place (left-right-left)
- 21&22 Triple step in place (right-left-right)

Man and lady are now back-to-back with man facing OLOD and lady facing ILOD

- 23-24 Stomp left, right

CHASSE

In back to back position, extend both arms out to the sides at waist level

- 25-26 Touch left toe to left, step left in place
- & Step right next to left
- 27-28 Touch left toe to left, step left in place
- & Step right next to left
- 29-30 Touch left toe to left, hold

SIDEWAYS TRIPLE, PIVOT, SIDEWAYS TRIPLE

With both arms extended out to the sides at waist level

- 31&32 Triple step to the left (left-right-left)

Man releases lady's left hand from his right

- & Pivot ½ turn to the left on ball of left

Rejoin man's right and lady's left hands in double hand hold position. Lady now faces OLOD and man faces ILOD

- 33&34 Triple step to the right (right-left-right)
- 35-36 Step back on left, rock forward onto right

STEPS FORWARD, SAILOR SHUFFLES

- 37-38 Step forward on left, right
- 39&40 Cross left behind right, step slightly to right on right, step left next to right
- 41&42 Cross right behind left, step slightly to left on left, step right next to left

WEST COAST SWING BASIC EXCHANGING SIDES

- 43 Step back and diagonally to the left on left
- Release man's right and lady's left hands. Man raises lady's right hand in his left. Lady passes right side under upraised arms**
- 44 Cross right over left
- & Pivot ½ turn to the right to face lady and OLOD
- 45&46 Triple step in place (left-right-left)
- Rejoin man's right and lady's left hands in double hand hold, lady faces ILOD and man faces OLOD**
- 47&48 Triple step in place (right-left-right)

REPEAT

LADY'S STEPS

- 1-2 Step forward on right, left
- 3&4 Cross right behind left, step slightly to the left on left, step right next to left
- 5&6 Cross left behind right, step slightly to the right on right, step left next to right

- 7-8 Touch right toe to the right step down onto right in place
- & Step left next to right
- 9-10 Touch right toe to the right, step down onto right in place
- & Step left next to right
- 11-12 Touch right toe to the right, hold

- 13&14 Triple step to the right (right-left-right)
- 15&16 Triple step to the left (left-right-left)
- 17-18 Step back on right, step forward on left

TRIPLE STEPS TO BACK-TO-BACK POSITION

- Lower man's right and lady's left hands and raise man's left and lady's right hands bringing them back over man's head**
- 19&20 Triple (right-left-right) while making a ½ turn to the right progressing around man's right side to his back
- 21&22 Triple (left-right-left) completing ½ turn right and arriving at man's back
- Man and lady are now back-to-back with man facing OLOD and lady facing ILOD**
- 23-24 Stomp right, left

CHASSE

In back to back position, extend both arms out to the sides at waist level

- 25-26 Touch right toe to right, step right in place
- & Step left next to right
- 27-28 Touch right toe to right, step right in place
- & Step left next to right
- 29-30 Touch right toe to right, hold

SIDEWAYS TRIPLE, PIVOT, SIDEWAYS TRIPLE

With both arms extended out to the sides at waist level

- 31&32 Triple to the right (right-left-right)
- & Pivot ½ turn to the right on ball of right
- Rejoin man's right and lady's left hands in double hand hold position. Lady now faces OLOD and man faces ILOD**
- 33&34 Triple step to the left (left-right-left)

- 35-36 Step back on right, rock forward onto left
- 37-38 Step forward on right, left
- 39&40 Cross right behind left, step slightly to left on left, step right next to left
- 41&42 Cross left behind right, step slightly to right on right, step left next to right

WEST COAST SWING BASIC EXCHANGING SIDES

- 43 Step forward on to right towards man's right side while angling body diagonally to the right
Release man's right and lady's left hands. Man raises lady's right hand in his left. Lady passes right side under upraised arms
- 44 Step forward on left passing man's right side
- & Pivot ½ turn to the left to face man and ILOD
- 45&46 Triple step in place (right-left-right)rejoin man's right and lady's left hands in double hand hold, lady faces ILOD and man faces OLOD
- 47&48 Triple step in place (left-right-left)

REPEAT
