

It's Alright

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: ultra Beginner
编舞者: Setsuko Motoki (JP) & Kanako Motoki (JP)
音乐: It's Alright - Trisha Yearwood



SUPREMES STEP RIGHT TWICE, SUPREMES STEP LEFT TWICE

- 1-2 Step right to right turning body slightly right, step left together
- 3-4 Step right to right turning body slightly right, touch left together
- 5-6 Step left to left turning body slightly left, step right together
- 7-8 Step left to left turning body slightly left, touch right together

For styling The Supremes Step, bend elbows at side and push

BACK, TOUCH AND CLAP X 4

- 1-2 Step diagonally back on right foot, touch left foot beside right with clap
- 3-4 Step diagonally back on left foot, touch right foot beside left with clap
- 5-6 Step diagonally back on right foot, touch left foot beside right with clap
- 7-8 Step diagonally back on left foot, touch right foot beside left with clap

WALK, WALK, WALK, HITCH, BACK, BACK, BACK, HITCH

- 1-2 Step forward on right foot, step forward on left foot
- 3-4 Step forward on right foot, hitch left foot rising your right hand
- 5-6 Step back on left foot, step back on right foot
- 7-8 Step back on left foot, hitch right foot rising your left hand

Count 1-3 and 5-7 rolling fists around each other in front of body

STEP, HOLD, ½ TURN LEFT, HOLD, JAZZ BOX

- 1-2 Step forward on right foot, hold
- 3-4 ½ turn, hold, finishing weight on left
- 5-6 Step right foot across left, step back on left foot
- 7-8 Step right foot to right side, step left foot beside right

REPEAT

Kanako was 9 years old when this dance was created.