It's Now Or Never



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Gary Steele (UK)

音乐: Summer of '69 - Bryan Adams



TOUCH, KICK, COASTER CROSS, SIDE ROCK, CROSSING SHUFFLE

1-2 Touch left foot next to right, kick left foot forward

3&4 Left coaster cross (cross left over right)

5-6 Rock out onto right foot, recover weight onto left

7&8 Right crossing shuffle

SIDE ROCK RECOVER 1/4, FORWARD SHUFFLE, FULL TURN, FORWARD SHUFFLE

1-2 Rock out onto left foot, recover weight onto right making a ¼ turn right

3&4 Left forward shuffle

5-6 Full turn left (stepping right then left)

7&8 Right forward shuffle

HITCH 1/4 TURN ROCK, FULL TURN SHUFFLE, PIVOT 1/2 TURN, LOCK SHUFFLE

1-2 Hitch left knee up, make a ¼ turn left rocking onto left foot

3&4 Right full turn shuffle

5-6 Step forward left, pivot ½ turn right

7&8 Left locking shuffle back

POINT CROSS, POINT SIDE, FORWARD, CHASSE, STEP HITCH

1-2 Point right foot to right side, cross right over left3-4 Point left to left side, point left foot forward

5&6 Left chasse

7-8 Close right next to left, hitch left knee up

REPEAT

RESTART

During the 4th wall, repeat the dance up to count 24, then restart the dance from the beginning