It's The Time



拍数: 32 编数: Improver west coast swing

line/contra

编舞者: Bonnie Newcomer (USA)

音乐: Love Is A Crime (Thunderpuss Remix) - Anastacia



COASTER STEP, STEP, KICK, COASTER STEP, ROCK, STEP

1&2 Right coaster step (right-left-right) back - together - forward

Left foot step forwardRight foot kick forward

5&6 Right coaster step (right-left-right) back - together - forward

7 Left foot rock forward

8 Right foot step down in place

1/2 TURN, 1/4 TURN, HIP BUMPS

Left foot step ½ turn left (to the left)
 Right foot step ¼ turn left (to the left)

11-12 Bump hips to left side (twice)
13-14 Bump hips to right side (twice)

Bump hips to left sideBump hips to right side

SIDE, BEHIND, CHASSE, 1/4 ROCK, STEP, COASTER STEP

17 Left foot step to left side (towards opposite line)

18 Right foot step behind left foot

19&20 Left side shuffle or chasse (left-right-left) side - together - side

21 Right foot rock ¼ turn left (to the left) to face an open space & slap hands with opposite line

22 Left foot step down

23&24 Right coaster step (right-left-right) back- together - forward

FORWARD, PREP, TRIPLE 1/2, CROSS, BACK, HEEL TAPS

Left foot step forward (passing thru opposite line)
 Right foot step forward (prep step for upcoming turn)

27&28 Left turning triple step (left-right-left) making ½ turn left (to the left)

29 Right foot step across left foot

30 Left foot step back

31-32 Right heel tap forward (twice)

REPEAT