Iva's "Slow" Dance (L/P)



拍数: 32

墙数:1

级数: Intermediate/Advanced line/partner dance



编舞者: Jerry Cope (USA) & Iva Mosko (USA) 音乐: Look at Us - Vince Gill

Position: Right side-by-side

ROCKING CHAIRS, SAILOR SHUFFLES

- 1 Step forward and rock onto left foot
- 2 Rock back onto right foot in place
- 3 Step back and rock onto left foot 4
- Rock forward onto right foot in place
- & Step left foot next to right 5
- Cross right foot behind left and step &
- Step slightly to the side on left foot
- 6 Step slightly to the side on right foot
- 7 Cross left foot behind right and step
- & Step slightly to the side on right foot
- 8 Step slightly to the side on left foot

ROCKING CHAIRS, SAILOR SHUFFLES

- 9 Step forward and rock onto right foot
- 10 Rock back onto left foot in place
- 11 Step back and rock onto right foot
- 12 Rock forward onto left foot in place
- & Step right foot next to left
- 13 Cross left foot behind right and step
- & Step slightly to the side on right foot
- 14 Step slightly to the side on left foot
- Cross right foot behind left and step 15
- & Step slightly to the side on left foot
- Step slightly to the side on right foot 16

SYNCOPATED VINE LEFT, ROCK STEPS

- 17 Step to the left on left foot
- 18 Cross right foot behind left and step
- & Step to the left on left foot
- 19 Cross right foot over left and step
- & Step to the left on left foot
- 20 Cross right foot over left and step
- & Step to the left on left foot
- 21 Cross right foot behind left and step while bending right knee and lifting left foot
- 22 Rock forward onto left foot in place
- & Step right foot next to left
- 23 Cross left foot behind right and step while bending left knee and lifting right foot
- 24 Rock forward onto right foot in place

RIGHT MILITARY PIVOTS, VINE RIGHT

Partners release left hands and raise right hands on the next 8 counts

25 Step forward on left foot

- 26 Pivot ¹/₂ turn to right on ball of left foot and shift weight to right foot
- 27-28 Repeat 25-26

Lady performs a rolling turn to the right on the following 4 counts

- 29 Cross left foot over right and step
- 30 Step to the right on right foot
- 31 Cross left foot behind right foot and step
- 32 Step to the right on right foot

Partners join hands again in Right side-by-side position

REPEAT