

J. & J. W (P)

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 0 级数: Partner
编舞者: Jeff Mills (UK) & Thelma Mills (UK)
音乐: Gain Control Again - No Regrets



Position: Right Side By Side Position, Man's footwork listed. Lady's same throughout unless stated
Dedicated to Jan & John Walker on their Special Day 20th September 2003

BOTH: CROSS ROCK, CHASSE, CROSS ROCK / MAN: ¼ TRIPLE TURN RIGHT, LADY: ¾ TRIPLE TURN RIGHT

1-2 Cross rock left over right, recover onto right
3&4 Left chasse, left, right, left
5-6 Cross rock right over left, recover onto left
7&8 **MAN:** ¼ Triple turn right to face OLOD
 LADY: ¾ Triple turn right to face ILOD

During triple turn, counts 7 & 8 raise arms over lady's head and change hands, left to left - right to right, man facing lady, right shoulder to right shoulder in double open hand position with arms stretched out at shoulder height

ROTATE ¼ TURN RIGHT, TRIPLE STEP, ROTATE ¼ TURN RIGHT, ¼ TRIPLE TURN RIGHT

9-10 Rotate ¼ turn right walking left, right
11&12 Triple step in place left, right, left
13-14 Rotate ¼ turn right walking right, left
15&16 ¼ triple turn right in place, right, left, right

During triple turn, counts 15&16 change hands into double cross hand position with left arm on top, man is facing LOD, lady facing man

BOTH: ROCK STEP / MAN: TRIPLE STEP, LADY: ½ TRIPLE TURN LEFT INTO SHADOW / BOTH: WALK TWICE, SHUFFLE

17-18 Step and rock back on left, recover onto right
19&20 **MAN:** Triple step in place left, right, left
 LADY: ½ Triple turn left (left, right, left) to face LOD
21-22 Walk forward right, left
23&24 Right shuffle forward right, left, right

During counts 19&20 raise left arm over lady's head into shadow position

MAN: ROCK STEP, LADY: ½ TURN, BOTH: TRIPLE STEP, ROCK STEP / MAN: TRIPLE STEP, LADY: TRIPLE TURN

25-26 **MAN:** Step and rock forward onto left, recover onto right
 LADY: Step forward left, pivot ½ turn right to face man RLOD
27&28 Triple step in place, left, right, left
29-30 Step and rock back onto right, recover onto left
31&32 **MAN:** Triple step in place right, left, right
 LADY: ½ Triple turn left right, left, right

On count 26 raise left arms over lady's head into double cross hand position. During counts 31 & 32 raise left arms over lady's head and go into right side by side position

WALK FORWARD TWICE, ½ TRIPLE TURN RIGHT, WALK BACKWARD TWICE / ½ TRIPLE TURN RIGHT

33-34 Walk forward left, right
35&36 ½ triple turn right to face RLOD, left, right, left
37-38 Walk backward right, left
39&40 ½ triple turn right to face LOD, right, left, right

On completion of triple turn, counts 35&36 left arms/hands to be at waist height behind back, right

arms/hands to be at waist height in front, during counts 39&40 release left hands raise right hands and finish in side by side position

REPEAT
