

Jackson Boogie

COPPER KNOB
STEPPERS

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Bronya Bishorek (MY)
音乐: Blame It On the Boogie - The Jacksons



Sequence: A (1/4 turns x 4) B C B C D C A (1/2 turns twice) B C C C C C C C

SECTION A (¼ TURN INTRO)

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (DANCED WITH LEGS APART)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold
3-4 Bring right hand down to thigh, hold, bring left hand down to thigh, hold
5 Clap hands
6 Shift weight to right leg
7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (FACING 3:00)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold
3-4 Bring right hand down to thigh, hold, bring left hand down to thigh, hold
5 Clap hands
6 Shift weight to right leg
7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (FACING 6:00)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold
3-4 Bring right hand down to thigh, hold, bring left hand down to thigh, hold
5 Clap hands
6 Shift weight to right leg
7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

HANDS REACH UP, DOWN, CLAP, WEIGHT SHIFT, TOUCH, HITCH, STEP (FACING 9:00)

1-2 Reach right hand up above head, hold, reach left hand up above head, hold
3-4 Bring right hand down to thigh, hold, bring left hand down to thigh, hold
5 Clap hands
6 Shift weight to right leg
7&8 Touch left toe to left, hitch left knee, ¼ turn right and step left to left

SECTION B (THE VERSE)

GRAPEVINE RIGHT, BALL CHANGE, GRAPEVINE LEFT, BALL CHANGE

1-3 Step right to right, step left behind right, step right to right
&4 Ball change behind right: step left behind right on ball, step right forward to left diagonal
5-7 Step left to left, step right behind left, step left to left
&8 Ball change behind right: step right behind left on ball, step left forward to left diagonal

SIDE STEP RIGHT, TOUCH FORWARD, SIDE STEP LEFT, TOUCH FORWARD

1-3 Step right to right, step left next to right, step right to right
4 Touch left toe forward
5-7 Step left to left, step right next to left, step left to left
8 Touch right toe forward

ROCK STEP, COASTER STEP RIGHT, ROCK STEP COASTER STEP LEFT

1-2 Rock forward on right, recover on left

- 3&4 Coaster step, right left right
- 5-6 Rock forward on left, recover on right
- 7&8 Coaster step, left right left

SWIVELS RIGHT, SWIVEL LEFT

- 1-2 Swivel toes to the right then left
- 3&4 Swivel right, recover, swivel right
- 5-6 Swivel toes to the left then right
- 7&8 Swivel left, recover, swivel left

SECTION C (SUNSHINE CHORUS)

SUNSHINE, MOONLIGHT

- 1-4 Weight on left leg, bump left hip 4 times while raising right hand like sun rising over hills
- 5-8 Shift weight to right leg, bump right hip 4 times while sweeping left arm across chest like moonlight on water

GOOD TIME, BOOGIE MOVES

- 1&2 Thrust right hip to right diagonal, finish with weight on right foot
- 3&4 Thrust left hip to left diagonal, finish with weight on left foot
- 5-6 Shimmy body from shoulders to hips bending knees slightly
- 7-8 Shimmy body from hips to shoulders while standing up

SECTION D (TAG)

COUNTER SWIVEL, HEEL TAPS & ¼ TURN

- 1&2& With feet slightly apart, swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center
- 3& Place right heel forward, step right next to left
- 4 ¼ turn left, place left heel forward (facing 9:00)
- 5&6& Swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center
- 7& Place right heel forward, step right next to left
- 8 ¼ turn left, place left heel forward (facing 6:00)

COUNTER SWIVEL, HEEL TAPS & ¼ TURN

- 1&2& With feet slightly apart, swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center
 - 3& Place right heel forward, step right next to left
 - 4 ¼ turn left, place left heel forward (facing 3:00)
 - 5&6& Swivel both heels apart, inwards, apart & inwards on ball finishing with weight in center
 - 7& Place right heel forward, step right next to left
 - 8 ¼ turn left, place left heel forward (facing 12:00)
 - 1-16 Repeat the whole of Section D again
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