Jamaica John



编舞者: Anita Ludlow (UK)

音乐: Uncle John from Jamaica - Vengaboys



STEP SIDE, BEHIND, PLACE. CHASSE RIGHT ½ TURN LEFT, CHASSE LEFT ½ TURN LEFT, CHASSE RIGHT

1-3	Step left to left side, rock right behind left, step left in place
1-0	Sied ieit io ieit side. Tock Hullt beliilid ieit. Sied ieit ill biace

4&5 Chasse to right by stepping right to right side, close left next to right, step right to right side

half turning on ball of right foot to the left

6&7 Chasse left by stepping left to left side, close right next to left, step left to left side half turning

on ball of left foot to the left

8&1 Chasse right by stepping right to right side, close left next to right, step right to right side

ROCK BACK, STEP TOUCH, STEP TOUCH, BALL CHANGE

2-3	Rock left behind rig	aht recover	weight on right
Z-J	LOCK IGHT DEHILIGHT	uni, recover	WEIGHT OH HIGHT

4-5 Take a big step to left on left foot, touch right next to left

6-7 Take a big step to right on right foot, touch left next to right (bring hips in to these step

touches)

&9 Ball change by stepping slightly back on ball of left foot, change weight onto right foot

HALF PIVOT TURN, QTR TURN CHASSE. ROCK BACK, SCOOCH FORWARD TWICE

1-2 Step forward on left, half turn right stepping onto right

3&4 Turn qtr turn left on ball of right and chasse left by stepping left to left side, close right next to

left, step left to left side

5-6 Rock right behind left, recover weight on to left

&7&8 Slide right foot slightly forward, slide left foot slightly forward twice

BRUSH HITCH STEP, SWIVEL OUT/IN, CUBAN CROSS STEP & CROSS SHUFFLE

1&2 Brush right foot forward, hitch right knee, step right foot forward into a 4th position

3&4 Hold for one count, swivel on balls of both feet, right heel to right & left heel to left, swiveling

both heels back (heel swivels on count &4)

5-6 Cross right foot over left, step left foot to left side

7&8 Cross shuffle by stepping right over left, step left to left side, cross right over left (Cuban

style)

REPEAT