

Jamaica Me Cha Cha (L/P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate line / partner
编舞者: Jo Thompson Szymanski (USA)
音乐: Almost Jamaica - The Bellamy Brothers



LEFT CROSS ROCK, SIDE CHASSE, RIGHT CROSS ROCK, SIDE CHASSE

- 1-2 Cross rock left over right, rock back onto right
- 3&4 Step left to left side, step right beside left, step left to left side
- 5-6 Cross rock right over left, rock back onto left
- 7&8 Step right to right side, step left beside right, step right to right side

Partner note: the above 8 counts are done in side by side position in line with line dancers

CROSS ROCK, ½ TURN LEFT, SIDE, BEHIND, SIDE, LEFT CROSSING SHUFFLE

- 9-10 Cross rock left over right, rock back onto right
- 11 Step left to left side turning ½ left
- 12-14 Step right to right side, step left behind right, step right to right side
- 15&16 Step left over right, step right to right side, step left over right

Partner note on the ½ turn left, release left hands, bring right hands over lady's head, down behind his man's back. Rejoin left hands in front of lady's waist, she is now on left side and slightly behind man

RIGHT SIDE ROCK, CROSS, ½ TURN RIGHT, SIDE, CROSS, RIGHT SIDE CHASSE

- 17-18 Rock right to right side, rock onto left in place
- 19-20 Step right over left, step left to left side turning ½ turn right
- 21-22 Step right to right side, step left over right
- 23&24 Step right to right side, step left beside right, step right to right side

Partner note: on the ½ turn right, release left hands, bring right hands over lady's head to side by side position

BACK ROCK, ¼ TURN RIGHT CHASSE, BACK ROCK, RIGHT SHUFFLE

- 25-26 Rock back on left, rock forward onto right
- 27&28 Step left to left side turning ¼ turn right, step right beside left, step back left
- 29 Rock back on right allowing body and head to bow forward
- 30 Replace weight forward onto left foot straightening body
- 31&32 Step forward right, step left beside right, step forward right

Partner note: on counts 27 & 28 release left hands, lady turns right ¾ to end facing man, both rock back and bow to each other, she turns ½ turn left on counts 31 & 32 to return to side by side position to begin dance again

REPEAT