

Jamaican Run

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Debi Bodven (USA)
音乐: Dance the Night Away - The Mavericks



ROCK, RECOVER, COASTER STEP (2 X'S)

- 1-2 Rock forward right, recover weight on left
- 3&4 Step back right, step left together, step forward right
- 5-6 Rock forward left, recover weight on right
- 7&8 Step back left, step right together, step forward right

RIGHT & LEFT VINES WITH ¼ TURNING TRIPLES

- 9-10 Step side right, cross left behind
- 11&12 Step in place right, left, right while turning ¼ turn to right
- 13-14 Step side left, cross right behind
- 15&16 Step in place left, right, left while turning ¼ turn to left

½ TURN, SHUFFLE, FULL TURN, SHUFFLE

- 17-18 Step forward right, pivot ½ turn left transferring weight onto left
- 19&20 Shuffle forward right, left, right
- 21-22 Pivot ½ turn right on ball of right while stepping back on left, pivot ½ turn right on ball of left while stepping forward on right
- 23&24 Shuffle forward left, right, left

½ TURN, SHUFFLE, ¾ TURN, SHUFFLE

- 25-26 Step forward right, pivot ½ turn left transferring weight onto left
- 27&28 Shuffle forward right, left, right
- 29-30 Pivot ¼ turn right while stepping side on left, pivot ½ turn right while stepping forward on right
- 31&32 Shuffle forward left, right, left

REPEAT

In some parts of the world, this dance is done without the ½ turn on count 22. Though the choreographer did not write it that way, it appears to be that some have chosen to do it that way. Plus they call it "The Ventilator." Go figure