## Jammin'



拍数: 32 墙数: 4 级数:

编舞者: Unknown 音乐: Unknown



1& 2& 3&	Turning ¾ right, tap left ball, lift left knee.  Tap left ball, lift left knee.  Tap left ball, lift left knee.
4& 5& 6& 7& 8& 9& 10&	Tap left ball, lift left knee. Tap left ball, lift left knee alternately punching fists down left/right. Kick left left, step left. Kick right right, step right.
11&12 13& 14& 15&16 &17 &18 &19	Kick left left, lift left knee forward, step left. Kick right right, step right. Kick left left, step left. Kick right right, lift right knee forward, step right. Moving back, hop right kicking left back, step left. Moving back, hop left kicking right back, step right. Moving back, hop right kicking left back. Step right forward, step left back.
21-22 23-24 25-32	Moving forward, step right, step left lifting right knee. Step right, step left lifting right knee. Repeat steps & 17-& 20.

## **REPEAT**