# In It To Win It



编舞者: Craig Bennett (UK) & Catrina Farnell (UK)

音乐: Push It to the Limit - Corbin Bleu



#### HITCH POINT, HITCH BALL STEP, TWIST, TOUCH AND TOUCH TURN

1-2	Hitch right knee up,	point right toe back

3&4 Hitch right knee up, step right foot in place, step forward onto left

Twist both heals to left side, twist them both back in place, point left to left side 87-8 Step left foot in place, point right to right side, ½ turn right stepping right in place

## AND CROSS STEP, AND CROSS STEP, 1/4 TURN STEPPING OUT, OUT, HOLD, KNEE POPS

&1-2	Step back onto left, as you cross right over left, step left in place beside right
&3-4	Step back onto right, as you cross left over right, step right in place beside left

&5-6 Make ¼ turn left as you step out left and right, hold

7-8 Bring right knee into left knee, bring left knee into right knee

Restart dance after wall 1 and 5

#### AND TOUCH, HITCH, TOUCH, TURN AND CROSS, TOUCH AND CROSS, TURN

&1-2	Step left foot next to right, point right foot out to right hand side, hitch right foot up
3-4	Point right foot out to right hand side, bring right foot in while making a ¼ turn right
&5-6	Step left to left hand side while making a ¼ turn right, cross right foot over left foot, touch left foot next to right
<b>&amp;</b> 7-8	Step left foot to left side, cross right foot over left, touch left foot to right while making a ¼ turn

left

### FULL TURN, COASTER STEP AND STEP, HOLD, BUMP, BUMP

1-2	$\frac{1}{2}$ turn left while steeping forward on left, $\frac{1}{2}$ turn left while stepping back on right
3&4	Step back on left foot, step right foot next to left, step forward on left foot
&5-6	Step right foot next to left foot, step forward on left foot, hold

7-8 Bump hips to front, bump hips to the back

#### **REPEAT**

#### **RESTART**

Restart after counts 16 on walls 1 and 5 this will make the dance face all 4 walls