In My Heart



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Jos Slijpen (NL)

音乐: You'll Be In My Heart - Phil Collins



SIDE ROCK RIGHT, TOGETHER, SIDE ROCK LEFT, TOGETHER, BACK ROCK, WALK FORWARD RIGHT, LEFT

1-2 Side rock right on right, recover on to left

&3-4 Step right next to left, side rock left on left, recover on to right

5-6 Rock back on left, recover on to right

&7-8 Step left next to right, walk forward on left, right

FORWARD STEP, PIVOT 1/4 TURN LEFT, CROSS, SIDE STEP LEFT, SIDE KICK RIGHT, BEHIND, SIDE ROCK LEFT, TOGETHER, FORWARD RIGHT

1-2 Step forward on right, pivot ¼ turn left (9:00)

&3-4 Cross step right over left, step left to left side, kick right out to right side

5-6 Step right behind left, step left to left side

&7-8 Recover weight on right, step left next to right, step forward right

HEEL GRIND WITH ¼ TURN RIGHT, TOGETHER, SIDE ROCK RIGHT, RECOVER ¼ TURN LEFT, FORWARD ROCK RIGHT, ¼ TURN RIGHT, TOGETHER, ¼ TURN RIGHT

1-2 Dig right heel forward, make ¼ turn right stepping back on right (12:00)

&3-4 Step left next to right, rock right out to right side, make 1/4 turn left recovering weight on left

(9:00)

5-6 Rock forward right, recover weight on left

&7-8 Make ¼ turn right stepping right to right side, step left together, make ¼ turn right stepping

forward on right (3:00)

FORWARD ROCK LEFT, TOGETHER, FORWARD ROCK RIGHT, SIDE STEP RIGHT, BACK ROCK RIGHT, TOGETHER, SIDE STEP LEFT, TOUCH TOGETHER

1-2 Rock forward on left, recover on to right

&3-4 Step left next to right, rock forward on right, recover on to left

5-6 Rock back on right, recover on to left

&7-8 Step right to right side, step left slightly to left side, touch right next to left (3:00)

REPEAT

TAG

At the end of wall 4 (facing 12:00:00) add the following 4 counts

1-4 Sway right-left-right-left