

In The Pale Moonlight

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Improver
编舞者: Janet Jolliffe (USA)
音乐: Save the Last Dance For Me - Michael Bublé



Sequence: AAB AAB C AAB C AAB BBC

PART A

ROCK FORWARD, RECOVER, ¼ TURN RIGHT AND WEAWE WITH TOUCH

1-8 Rock forward on right, recover back on left, ¼ turn to the right on right, cross left over right, step right to right, step left behind right, step right to right, touch left by right

SLOW FORWARD MAMBO LEFT, TOUCH RIGHT, SLOW BACKWARD MAMBO RIGHT, TOUCH LEFT USING CUBAN HIPS

1-8 Mambo forward on left, recover right, step weight on left, touch right by left, mambo back on right, recover left, step weight on right, touch left by right

ROCK FORWARD, RECOVER, ½ TURN LEFT, TOUCH RIGHT

1-4 Rock forward on left, recover back on right, ½ left stepping forward on left, touch right by left

PART B

SLOW COASTER STEP FORWARD, TOUCH, SLOW COASTER STEP BACKWARD, TOUCH

1-4 Step right forward, step left by right, step back on right, touch left by right

5-8 Step left backward, step right by left, step forward on left, touch right by left

ROCK STEP, ¼ WEAWE TO THE RIGHT, TOUCH

1-8 Rock forward on right, recover weight to left, ¼ turn to the right on right, cross left over right, step right to right, step left behind right, step right to right, touch left by right

STEP SIDES LEFT, TOUCH RIGHT WITH HIPS PUSHING TO RIGHT

1-8 Step left to left while pushing off right toes, step weight on ball of left by right, step left to left while pushing off right toes, step weight on ball of left by right, repeat again twice

VINE RIGHT, TOUCH, SLOW COASTER STEP BACKWARD, TOUCH

1-4 Step right to right, step left behind right, step right to right, touch left by right

5-8 Step back on left, step right by left, step forward on left, touch right by left

PART C

STEP LOCK FORWARD RIGHT, TOUCH, STEP LOCK FORWARD LEFT, TOUCH

1-4 Step forward on right, slide left behind right, step forward on right, touch left by right

5-8 Step forward on left, slide right behind left, step forward on left, touch right by left

ROCK STEP FORWARD, RECOVER, STEP BACK RIGHT, STEP BACK LEFT, ROCK STEP FORWARD, RECOVER, STEP BACK, TOUCH

1-4 Rock forward on right, recover weight left, step back on right, step left by right

5-8 Rock forward on right, recover weight left, step back on right, touch left by right

STEP LOCK FORWARD LEFT, TOUCH, STEP LOCK FORWARD RIGHT, TOUCH

1-4 Step forward on left, slide right behind left, step forward on left, touch right by left

5-8 Step forward on right, slide left behind right, step forward on right, touch left by right

ROCK STEP FORWARD, RECOVER, STEP BACK LEFT, STEP BACK RIGHT, STEP FORWARD LEFT, HOLD 3

1-8

Rock forward on left, recover weight on right, step back on left, step right by left, step forward on left, hold 3 counts
