

Independence Day (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Al Ord (UK) & Sandy Ord (UK)
音乐: My Old Love In New Mexico - Holly Dunn



Position: Man facing OLOD, Lady facing ILOD, Right Palm to Right Palm at shoulder height
Choreographed for Best of Friends Independence Day Festival Hanley Castle Worcester 04 Jul 04

MAN'S STEPS

CROSS ROCK, RECOVER, SIDE SHUFFLE

1-2 Cross rock right over left, recover onto left

3&4 Side shuffle right

Release hands on side shuffle

CROSS ROCK, RECOVER, SIDE SHUFFLE ¼ TURN LEFT

5-6 Cross rock left over right, recover onto right

7&8 Side shuffle left ¼ turn left (man facing LOD lady RLOD)

On cross rock touch left palm to left palm. On shuffle drop left and take lady's right in man's right

ROCK BACK, TOUCH BESIDE, LEFT SHUFFLE FORWARD

9-10 Rock back on right, touch left beside

11&12 Left shuffle forward

On pivot step rejoin in sweetheart both facing LOD. Man changes to opposite foot pattern on touch

WALK RIGHT, WALK LEFT, RIGHT SHUFFLE FORWARD

13-14 Step forward right, step forward left

15&16 Right shuffle forward

STEP, PIVOT ¼, CROSS SHUFFLE

17-18 Step forward left, pivot ¼ turn right

19&20 Cross shuffle left over right

On pivot take right hand over lady's head and change to open arms on shuffle. Man facing OLOD

SIDE, BEHIND, SIDE SHUFFLE ¼ TURN RIGHT

21-22 Side step right, step left behind right

23&24 Side shuffle side right making ¼ turn right (to RLOD)

On shuffle release man's right lady's left

ROCK, RECOVER, LEFT SHUFFLE ½ TURN LEFT

25-26 Rock forward left, recover onto right

27&28 Left shuffle making ½ turn left (to LOD)

On rock push hands forward and on shuffle turns release hands and push trailing hands through

SHUFFLE ½ TURN LEFT, SHUFFLE ½ TURN LEFT

29&30 Right shuffle making ½ turn left

31&32 Left shuffle making ½ turn left

Rejoin in sweetheart on completion of turns

WALK RIGHT, WALK LEFT, RIGHT SHUFFLE FORWARD

33-34 Step forward right, step forward left

35&36 Right shuffle forward

STEP LEFT, PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD

37-38 Step forward left, pivot ½ turn right

39&40 Left shuffle forward

On pivot release left hands and take right hands over lady's head

STEP RIGHT, PIVOT ½ TURN LEFT, RIGHT SHUFFLE FORWARD

41-42 Step forward right, pivot ½ turn left

43&44 Right shuffle forward

Rejoin in sweetheart on shuffle. Lady changes to same foot pattern as man on touch step

WALK LEFT, WALK RIGHT, LEFT SHUFFLE IN BEHIND

45-46 Small step forward left, small step forward right

47&48 Left shuffle forward moving in behind lady in indian

SIDE, BEHIND, SIDE SHUFFLE RIGHT

49-50 Step right to right side, step left behind right

51&52 Side shuffle right

On turn raise both hands above lady's head letting lady's hands turn inside man's and lower on shuffle

SIDE, BEHIND, SIDE SHUFFLE LEFT

53-54 Step left to left side, step right behind left

55&56 Side shuffle left

On shuffle, move to left of lady. On turn raise both hands above lady's head letting lady's hands turn inside man's and lower into sweetheart. On shuffle man moves to left of lady

ROCK FORWARD, RECOVER, ¼ TURN SIDE SHUFFLE

57-58 Rock forward on right, recover back onto left

59&60 Side shuffle right making ¼ turn right to OLOD

On triple step release right hands and take left hands over lady's head to finish facing left palm to left palm

CROSS ROCK, RECOVER, SIDE SHUFFLE LEFT

61-62 Cross rock left over right, recover back onto right

63&64 Side shuffle left

On side shuffle change from left palm to palm to right palm to palm ready to start dance again

REPEAT

LADY'S STEPS

CROSS ROCK, RECOVER, SIDE SHUFFLE

1-2 Cross rock right over left, recover onto left

3&4 Side shuffle right

Release hands on side shuffle

CROSS ROCK, RECOVER, SIDE SHUFFLE ¼ TURN LEFT

5-6 Cross rock left over right, recover onto right

7&8 Side shuffle left ¼ turn left (man facing LOD lady RLOD)

On cross rock touch left palm to left palm. On shuffle drop left and take lady's right in man's right

STEP, PIVOT ½, RIGHT SHUFFLE FORWARD

9-10 Step right, pivot ½ turn left

11&12 Right shuffle forward

On pivot step rejoin in sweetheart both facing LOD. Man changes to opposite foot pattern on touch

WALK LEFT, WALK RIGHT, LEFT SHUFFLE FORWARD

13-14 Step forward left, step forward right

15&16 Left shuffle forward

STEP, PIVOT ¼, CROSS SHUFFLE

17-18 Step forward right, pivot ¼ turn left

19&20 Cross shuffle right over left

On pivot take right hand over lady's head and change to open arms on shuffle. Man facing OLOD

SIDE, BEHIND, SIDE SHUFFLE ¼ TURN LEFT

21-22 Step left, step right behind left

23&24 Side shuffle left making ¼ turn left (to RLOD)

ROCK, RECOVER, RIGHT SHUFFLE ½ TURN RIGHT

25-26 Rock forward right, recover onto left

27&28 Right shuffle making ½ turn right (to LOD)

On rock push hands forward and on shuffle turns release hands and push trailing hands through

SHUFFLE ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT

29&30 Left shuffle making ½ turn right

31&32 Right shuffle making ½ turn right

WALK LEFT, WALK RIGHT, LEFT SHUFFLE FORWARD

33-34 Step forward left, step forward right

35&36 Left shuffle forward

STEP RIGHT, PIVOT ½ TURN LEFT, SHUFFLE ½ TURN LEFT

37-38 Step forward right, pivot ½ turn left

39&40 Right shuffle making ½ turn left

On pivot release left hands and take right hands over lady's head

ROCK BACK LEFT, TOUCH RIGHT, RIGHT SHUFFLE FORWARD

41-42 Rock back on left, touch right beside left

43&44 Right shuffle forward

Rejoin in sweetheart on shuffle. Lady changes to same foot pattern as man on touch step

WALK LEFT, WALK RIGHT, LEFT SHUFFLE FORWARD

45-46 Step forward left, step forward right

47&48 Left shuffle forward

FULL TURN RIGHT, SIDE SHUFFLE RIGHT

49-50 Step right to right side making ½ turn right, step left making further ½ turn right

51&52 Side shuffle right

On turn raise both hands above lady's head letting lady's hands turn inside man's and lower on shuffle

FULL TURN LEFT, SIDE SHUFFLE LEFT

53-54 Step left to left side making ½ turn left, step right making further ½ turn left

55&56 Side shuffle left

On turn raise both hands above lady's head letting lady's hands turn inside man's and lower into sweetheart.

On shuffle man moves to left of lady

ROCK FORWARD, RECOVER, ¾ TRIPLE STEP TURN

57-58 Rock forward on right, recover back onto left

59&60 Triple step making ¾ turn right to ILOD

On triple step release right hands and take left hands over lady's head to finish facing left palm to left palm

CROSS ROCK, RECOVER, SIDE SHUFFLE LEFT

61-62 Cross rock left over right, recover back onto right

63&64 Side shuffle left

On side shuffle change from left palm to palm to right palm to palm ready to start dance again

REPEAT
