拍数： 32
壇数： 2
级数：Intermediate
编舞者：Jo Everhart（USA）
音乐：Miss Independent－Kelly Clarkson

ROCK，STEP，ROCK，STEP，KICK，STEP OUT－OUT
1\＆2\＆Rock to right on right foot，recover weight back on left，rock back on right foot，recover weight to left foot
3\＆4 Kick right foot forward，step back and slightly out on right foot，step left foot out to left side （weight．On left）．

## TOE PRESS，STEP，BODY ROLL WITH TURN

5－6 Turn right toe and knee to right as you press weight onto right toe（knee bent），recover weight back onto left as you face back to original wall
7－8 Shifting weight to right and turning $1 / 4$ turn to left－do a 2 count downward body roll ending in a sitting position（weight back on right foot）

HOLD，FOOT TWIST WITH HIP SHIFT－SIT，SHUFFLE LEFT－RIGHT－LEFT
9\＆10 Hold for count 9，twisting feet to right－lift hips up and forward on and count，return to original sitting position for count 10 （weight back on right foot）
11\＆12 Step forward on left foot，step right foot next to left foot，step forward foot

## KICK，CROSS，ROCK，FULL TURN－STEP，TOE TOUCH

13\＆14 Kick right foot forward，cross right foot over left foot（taking weight），rock to left on left foot （start of a Monterey turn）
\＆15－16 Recover weight to right foot，turn full turn to the left and step on left foot，touch right toe to right

CROSS－FRONT，STEP，CROSS－BEHIND，STEP，CROSS－FRONT，STEP，TOE TOUCH
17\＆18\＆Cross right foot over left foot，step left foot to left，cross right foot behind left foot，step left foot to left
19\＆20 Cross right foot over left foot，step left foot to left，touch right toe at home position

## STEP BACK，DRAG AND TOUCH TOE，TRIPLE STEP 1 ¼ TURN

21－22 Step slightly large step back on right foot，drag left foot back and touch left toe next to right foot
23\＆24 Turn $1 / 4$ wall to left as you step on left foot，turn $1 / 2$ wall left as you step on right foot，turn $1 / 2$ wall to left as you step on left foot

STEP，TOE TOUCH，KICK－BACK，STEP－BACK，STEP－BACK
25\＆26 Step forward on right foot，touch left toe next to right foot，kick left foot slightly back．
27－28 Step back on left foot，step back on right foot
HOOK，KICK，ROCK，STEP，STEP
29－30 Hook left foot in front of right foot，kick left foot forward
31\＆32 Rock to left on left foot，recover weight to right foot，step left foot next to right foot
REPEAT
RESTART
After 4th full set of 32 you will only do the first 16 counts of the dance and then begin again．

## CROSS-BEHIND, STEP, CROSS-FRONT, ROCK, STEP, STEP

5\&6
7\&8

Cross right foot behind left foot, step to left on left foot, cross right foot in front of left foot Rock to left on left foot, recover weight to right foot, step left foot next to right foot taking weight

