Innovation



拍数: 64 墙数: 1 级数: Intermediate

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音乐: Swiss Boy



STOMPS AND SHUFFLES

1-2	Stomp right foot forward, stomp left foot forward
3&4	Shuffle 3 steps backward right foot, left foot, right foot
5-6	Stomp left foot forward; stomp right foot backward
7&8	Shuffle 3 steps forward: left foot, right foot, left foot

SIDE SHUFFLE, STOMP, STOMP

	1&2	Step right foot to the right, step left foot beside right foot, step right foot to side
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3-4 Stomp left foot to the left, stomp right foot to the right

5&6 Step left foot to the left, step right foot beside left foot, step left foot to side

7-8 Stomp right foot to the right, stomp left foot to the left

JAZZ BOX WITH A STOMP

1-2-3	Step right foot forward, co	ross left foot over right	foot, step right foot back

&4 Step left foot to the left, stomp right foot beside left foot

5-6-7 Step left foot forward, cross right foot over left foot, step left foot back

&8 Step right foot to the right, stomp left foot beside right foot

SWIVELS WITH CLAPS (RIGHT AND LEFT)

1	Swivel both heels to the right
2	Swivel both toes to the right
3	Swivel both heels to the right
4	Hold and clap hands
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Swivel both heels to the left
Swivel both toes to the left
Swivel both heels to the left

8 Hold and clap hands

VINE WITH HALF TURN

1-2-3	Step right foot to the right, cross left foot behind right foot, step right foot to side

&4 Step left foot to the left, on ball of left foot, pivot ½ turn to the right, with right foot to the right,

with right foot to the right side

5-6-7 Step left foot to the left, cross right foot behind left foot, step left foot to side

&8 Step right foot to the right, on ball of right foot, pivot ½ turn to the left, with left foot to the left

side

CROSS, UNWIND HALF TURN AND SIDE TAPS

1-2	Cross right foot over left foot, unwind ½ turn to the left with right foot beside left foot
3&4	Tap right foot to the right side, tap right foot beside left foot, tap left foot to left
5-6	Cross left foot over right foot, unwind ½ turn to the right with left foot beside right foot
7&8	Tap left foot to the left side, tap left foot beside right foot, tap right foot to right

DIAGONALLY FORWARD STEPS AND SIDE TAPS

1-2	Step right foot diagonally forward to the left, tap left foot to the left side
3-4	Step left foot diagonally forward to the right, tap right foot to the right side
5-6	Step right foot diagonally forward to the left, tap left foot to the left side

7-8 Step left foot diagonally forward to the right, tap right foot to the right side

3 SWINGING BACK STEPS, ROCK AND CROSS

1-2-3 Swing right foot behind left foot, left foot behind right foot, right foot behind left foot

Step left foot forward
Rock right foot back
Rock onto left foot

6-7 Cross right foot over left foot, hold 8 Cross left foot over right foot

REPEAT