Island Hopping



编舞者: Gerard Murphy (CAN)

音乐: Island Hopping - The Lagoons 或: Back to the Island - Baha Men



This dance was created on board the Carnival Valor during my first line dance cruise Dancin' on the Water 2005. The song really fit the mood of the trip and we danced it to a variety of songs during the evening parties (cause it's so easy!)

New track added in 2025 to mark 20 years! Island Hopping - The Lagoons

STEP FORWARD TOUCH, STEP FORWARD TOUCH, STEP FORWARD TOUCH STEP 1/4 TURN TOUCH

1-2 Step right forward, touch left next to right*
3-4 Step left forward, touch right next to left*
5-6 Step right forward, touch left next to right*
7-8 Step left a ¼ turn to left, touch right next to left

Option: add claps on each 'touch' above (and any below if it feels good!)

WALK BACK X 3, TOUCH, WALK FORWARD X 3, TOUCH

9-10-11 Walk back - right, left, right
12 Touch left next to right (clap)
13-14-15 Walk forward - left, right, left
16 Touch right next to left (clap)

SHUFFLE RIGHT ROCK RECOVER, SHUFFLE LEFT ROCK RECOVER

17&18 Side shuffle to right - right, left, right

19-20 Cross rock step left over right, recover onto right

21&22 Side shuffle to left - left, right, left

23-24 Cross rock step right over left, recover onto left

STEP SIDE TOUCH, STEP 1/4 TURN TOUCH, STEP SIDE TOUCH, SHUFFLE LEFT

25-26 Side step right to right, touch left next to right
27-28 Step left a ¼ turn to left, touch right next to left
29-30 Side step right to right, touch left next to right

31&32 Side shuffle to left - left, right, left

REPEAT

Last Update 17 Jul. 2025 - R1