

Islands In The Stream

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Karen Jones (UK)
音乐: Islands in the Stream - Dolly Parton & Kenny Rogers



SIDE, BACK ROCK, RECOVER, CHASSE RIGHT, CROSS, FULL TURN, CHASSE LEFT

1-3 Step left to side, cross/rock right behind left, recover to left
4&5 Step right to side, step left together, step right to side
6-7 Cross left over right, unwind a full turn right (weight to right)
8&1 Step left to side, step right together, step left to side

BACK ROCK, RECOVER, KICK BALL CROSS, SIDE ROCK, RECOVER, RIGHT SAILOR STEP

2-3 Cross/rock right behind left, recover to left
4&5 Kick right diagonally forward, step right slightly back, cross left over right
6-7 Rock right to side, recover to left
8&1 Cross right behind left, rock left to side, recover to right

LEFT SAILOR WITH TURN ¼ LEFT, RIGHT FORWARD SHUFFLE, TURN ½ BACK TO RIGHT, HOLD, ROCK BACK, RECOVER FORWARD

2&3 Cross left behind right, turn ¼ left and rock right to side, recover to left
4&5 Shuffle forward right, left, right
6-7 Turn ½ right and step left back, hold
8-1 Rock right back, recover to left

PRISSY WALK RIGHT, LEFT, REVERSE SAILOR STEP, SYNCOPATED JAZZ BOX

2-3 Step right forward and across, step left forward and across
Alternative easier steps: just walk forward right left on balls of feet to enable the angling of the body
4&5 Cross right over left, step left to side, step right to side
Alternative easier steps: triple in place right, left, right
6-7 Cross left over right, step right back
&8 Step left back, cross right over left

REPEAT