I'll Be Back

拍数: 48

级数: Intermediate

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音乐: Tornero - Paul London

BUMP & BUMP, ROCK FORWARD & BACK, BUMP & BUMP, ROCK BACK & FORWARD

- 1&2 Touch right forward as you bump hips forward, bump hips back, bump hips forward as you put your full weight on the right foot
- 3-4 Rock step forward on the left, recover weight on the right
- 5&6 Touch left back as you bump hips back, bump hips forward, bump hips back as you put your full weight on the left foot
- 7-8 Rock step back on the right, recover weight on the left

FORWARD, LOCK, FORWARD, MILITARY TURN, FORWARD, LOCK, FORWARD, ¼ TURN LEFT

- Step forward on the right, lock left behind right, step forward on the right 1&2
- Step forward on the left, pivot 1/2 turn right, weight ending on the right foot (you should be 3-4 facing 6:00 wall)
- 5&6 Step forward on the left, lock right behind left, step forward on the right
- 7-8 Step forward on the right, pivot ¼ turn left, weight ending on the left foot (you should be facing 3:00 wall)

MODIFIED JAZZ BOX, FORWARD, LOCK, FORWARD, MILITARY TURN, STEP FORWARD

- 1-3 Cross right over left, step back on the left, step right to the side
- 4&5 Step forward on the left, lock right behind left, step forward on the left
- Step forward on the right, pivot 1/2 turn left, weight ending on the left foot, step forward on the 6-8 right (you should be facing 9:00 wall)

MODIFIED JAZZ BOX, FORWARD, LOCK, FORWARD, ¼ TURN RIGHT, CROSS

- 1-3 Cross left over right, step back on the right, step left to the side
- 4&5 Step forward on the right, lock left behind right, step forward on the right
- 6-8 Step forward on the left, pivot ¼ turn right, weight ending on the right foot, cross left over right (you should be facing 12:00 wall)

ROCK SIDE, RECOVER, BEHIND & OVER, ROCK SIDE, RECOVER WITH 1/4 TURN RIGHT, FORWARD, LOCK, FORWARD

- 1-2 Rock step right to the side, recover weight on the left
- 3&4 Cross right behind left, step left beside right, cross right over left
- 5-6 Step left to the side, recover weight on the right as you make a ¼ turn right (you should be facing 3:00 wall)
- 7&8 Step forward on the left, lock right behind left, step forward on the left

CROSS, BACK, ¼ TURN RIGHT, STEP FORWARD, CROSS, BACK, ¼ TURN RIGHT, STEP FORWARD

- 1-2 Cross right over left, step back on the left
- 3-4 As you make a ¼ turn right, step forward on the right, step forward on the left (you should be facing 6:00 wall)
- 5-6 Cross right over left, step back on the left
- 7-8 As you make a ¼ turn right, step forward on the right, step forward on the left (you should be facing 9:00 wall)

REPEAT





墙数:4