I'm A Cowboy

拍数: 40

级数: Beginner

编舞者: Nancy Morgan (USA)

音乐: I'm a Cowboy (Dance Mix) - Smokin' Armadillos

1996 4th Place Choreography @ Sunshine State

SIDE TOGETHER SIDE, ROCK STEP, SIDE TOGETHER SIDE, ROCK STEP

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock-step back on left and forward on right
- 5&6 Step left to left side, step right next to left, step left to left side
- 7-8 Rock-step back on right and forward on left

SHUFFLE FORWARD, SHUFFLE FORWARD, ½ TURN, SHUFFLE FORWARD

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5-6 Step right foot forward, turn ½ turn to left (weight is on left)
- 7&8 Shuffle forward right, left, right

SHUFFLE FORWARD, ½ TURN, ¼ TURN

- 1&2 Shuffle forward left, right, left
- 3-4 Step forward on right, turn ½ turn to left (weight is on left)
- 5-6 Step forward on right, turn ¼ turn to left (weight is on left)

JAZZ BOX SQUARE

- 7-8 Cross right over left, step back on left
- 1-2 Step right to right side, stomp left next to right (or jump forward with both feet together)

STEP, HITCH, STEP HITCH, STEP STOMP

- 3-4 Step forward on right, bring left knee up as you hop forward on right foot
- 5-6 Step forward on left, bring right knee up as you hop forward on left foot
- 7-8 Step forward on right, stomp left next to right

FAN RIGHT, SLIDE RIGHT, TOGETHER, FAN LEFT, SLIDE LEFT, TOGETHER

- 1-2 Fan right toes out to right side and return
- 3-4 Step back diagonally to your right (5:00) on you right foot, slide left foot to right
- 5-6 Fan left toes out to left side and return
- 7-8 Step forward diagonally to your left (11:00) on your left foot, slide right to left (weight is on left)

REPEAT





墙数:4