

编舞者: Charlie Mifsud (AUS) 音乐: I'm Amazed - Lila McCann



LEFT TO SIDE, CROSS/ROCK RIGHT OVER LEFT, REPLACE WEIGHT LEFT, TURN ¼ RIGHT, TURN ¾ RIGHT TO FRONT WEIGHT ENDING ON RIGHT

1-2-3 Step left to left side, cross/rock right over left, replace weight to left

4-5-6 Turning ¼ turn right step right forward, turning ¾ right in place for 2 counts to end

Facing front wall with weight on right (12:00)

LARGE STEP FORWARD LEFT, DRAG RIGHT BEHIND LEFT FOR 2 COUNTS, STEP BACK RIGHT, ½ TURN LEFT STEP LEFT FORWARD STEP RIGHT FORWARD

1-2-3 Take large step directly forward on left for count 1, drag right behind left for 2 counts (right

heel is raised)

4-5-6 Step back on right, turning ½ turn left step left forward, step right forward (6:00)

STEP LEFT FORWARD, ½ TURN RIGHT WEIGHT TO RIGHT, STEP LEFT FORWARD, STEP RIGHT TO RIGHT & SLIGHTLY FORWARD, REPLACE WEIGHT LEFT

1-2-3 Step left forward, turning ½ turn right for 2 counts take weight right (12:00)

4-5-6 Step left forward, step right to right side and slightly forward, replace weight left (12:00)

CROSS RIGHT OVER LEFT, STEP LEFT TO SIDE AND SLIGHTLY FORWARD, REPLACE WEIGHT RIGHT, STEP LEFT FORWARD, STEP RIGHT FORWARD, TURN ½ LEFT

1-2-3 Cross right over left, step left to left side and slightly forward, replace weight right 4-5-6 Step left forward, step right forward, turning ¼ turn left take weight left (9:00)

CROSS RIGHT OVER LEFT, TURN ¼ RIGHT STEP BACK LEFT, TURN ½ RIGHT TAKE WEIGHT RIGHT, BACK COASTER LEFT, RIGHT, LEFT

1-2-3 Cross right over left, turning ½ turn right step back on left, turning ½ turn right take weight

right (6:00)

4-5-6 Back coaster (left, right, left) (6:00)

STEP RIGHT FORWARD, TOUCH LEFT TOE BESIDE RIGHT, KICK LEFT FORWARD, STEP BACK LEFT, CROSS RIGHT OVER LEFT, STEP BACK LEFT

1-2-3 Step right forward, touch left toe beside right, kick left forward

4-5-6 Traveling back and to left diagonal, step back on left, cross right over left, straightening up

step back on left (6:00)

TURN ¼ RIGHT STEP RIGHT FORWARD, TURNING FULL TURN RIGHT TAKE WEIGHT RIGHT, STEP LEFT FORWARD, SWEEP RIGHT OUT AND ACROSS LEFT FOR 2 COUNTS

1-2-3 Turning ¼ right step forward on right, turning full turn right on 2 counts take weight to right (9:00)

Step forward on left, sweep right out and across left for 2 counts (keeping weight on left)

(9:00)

4-5-6

FOLLOWING ZIG ZAG MOTION STEP WEIGHT TO RIGHT, BACK ON LEFT, BACK ON RIGHT, CROSS LEFT OVER RIGHT BACK ON RIGHT, LEFT TO SIDE

1-2-3 With body facing left diagonal, take weight to right, straightening up step back on left, turning body to right diagonal, take weight right

4-5-6 Still on right diagonal, cross left over right, straightening up step back on right, step left to left

side (9:00)

CROSS RIGHT OVER LEFT, STEP BACK LEFT, RIGHT TO SIDE, STEP LEFT FORWARD, STEP RIGHT FORWARD MAKING FULL TURN LEFT KEEPING WEIGHT RIGHT

1-2-3 With body facing left diagonal, cross right over left, step left back, step right to right side

4-5-6 Step left forward, step right forward, turn full turn left keeping weight on right (using toe of left

for balance & left heel raised) (9:00)

Counts 43-51 will look like a zig zag motion

STANDARD WALTZ FORWARD LEFT, RIGHT, LEFT, STANDARD WALTZ BACK RIGHT, LEFT, RIGHT

1-2-3 Standard waltz forward left, right, left

4-5-6 Standard waltz back right, left, right (9:00)

STEP LEFT FORWARD, ½ PENCIL TURN LEFT, STEP RIGHT FORWARD, ½ PENCIL TURN RIGHT

1-2-3 Step left forward, doing a ½ pencil turn left for 2 counts (keep weight left with right heel

raised)

4-5-6 Step right forward, doing a ½ pencil turn right for 2 counts (keep weight right with left heel

raised) (9:00)

REPEAT

TAG

At end of wall 2 (facing 6:00), just repeat the last 12 counts of dance (steps 55 to 66)

RESTART

On wall 5 dance up to 54 (you will be facing 9:00) then restart

ENDING

To finish, dance right through to count 66 but make last pencil turn 1/4 right to face front