

拍数: 32 墙数: 4 级数: Intermediate

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音乐: Crazy - Stu Page



MAMBO ROCK TURN, 1 ½ TURNS TRAVELING BACK, MAMBO ROCK, STEP, 3 PRISSY WALKS FORWARD

Rock forward on right, replace weight onto left, make ½ turn right stepping back on right foot Make ½ turn right stepping forward on left, make ½ turn right stepping back on right foot,

make ½ turn right stepping forward on left

Should now be facing home wall

As an alternative to the turn, on counts 2, 3&4 just walk back

Rock back onto right foot, replace weight onto left, step right foot forward (slightly across left)

Step forward left, right, left (Note: This is not a shuffle. On each step take each foot slightly in

front of the other)

ROCK & SIDE & SAILOR STEP. 11/4 PADDLE TURN TO THE LEFT

| 9& | Rock right foot forward, replace weight onto left |
|-------|--|
| 10& | Rock right foot out to right side, replace weight onto left |
| 11&12 | Step right foot behind left, step left foot to left, step right foot to right side |
| 13 | Making a ¼ turn left step left foot left |
| &14 | Step right foot to right on ball of foot, step left foot to left |
| &15 | Step right foot to right on ball of foot, step left foot to left |
| &16 | Step right foot to right on ball of foot, step left foot to left |
| | |

Over counts &14&15&16 make a full turn to the left. This is a paddle turn. If you don't like turning just stay in place as an alternative

HITCH, HEEL SWITCHES, TOE TOUCH FLICK TURN. LEFT MAMBO FORWARD, RIGHT MAMBO BACK

| &17 | Hitch right knee, touch right heel forward |
|-------|--|
| &18 | Return right foot in place, touch left heel forward |
| &19 | Return left foot in place, touch right toe forward |
| &20 | Make ½ turn left as you flick right foot up behind you, step right foot in place |
| 21&22 | Rock left foot forward, replace weight to right, step left foot next to right |
| 23&24 | Rock right foot back, replace weight to left, step right foot next to left |

ROCK & CROSS ROCK, CHASSE LEFT, MAKING 1/2 TURN: - KICK STEP, KICK STEP TWICE

| 25& | Rock left foot to left side, replace weight onto right |
|-------|--|
| 26& | Cross rock left foot over right, replace weight onto right |
| 27&28 | Step left foot to left, step right foot next to left, step left foot to left |
| &29 | Kick right foot forward, step right foot in place |
| &30 | Kick left foot forward, step left foot in place |
| &31 | Kick right foot forward, step right foot in place |
| &32 | Kick right foot forward, step right foot in place |
| & | Kick right foot forward |
| | |

The last four counts (&29-32) make ½ turn to the left as you do the kicks.

REPEAT