I'm Ready

拍数: 32

级数: Improver

编舞者: Nancy Morgan (USA)

音乐: I'm Ready - Randy Travis

SHUFFLE FORWARD, ½ TURN SHUFFLE BACK, BACK ROCK, KICK-BALL-CHANGE

- 1&2 Shuffle forward right, left, right
- 3&4 As you turn ½ turn to your right, shuffle back left, right, left
- 5-6 Rock/step back on right and forward on left
- 7&8 Kick-ball-change kick right foot forward, step right foot next to left as you lift left foot up, set left foot next to right (weight is on left)

TOUCH, STEP, ½ TURN TOUCH STEP, ¼ TURN JAZZ BOX SQUARE

- 1-2 Touch right toe forward, step right foot in place
- 3-4 Turn ½ turn to left as you touch left foot forward, step left foot in place
- 5-6-7-8 Cross right over left, step back on left, step right to right side, step left foot slightly forward

FORWARD ROCK, ½ TURN SHUFFLE, STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD

- 1-2 Rock/step forward on right and back on left
- 3&4 As you turn ½ turn to your right, shuffle forward right, left, right
- 5-6 Step forward on left, pivot ¹/₂ turn to your right (weight is on right)
- 7&8 Shuffle forward left, right, left

FORWARD ROCK, SKIP BACK TWICE, BACK ROCK, TOUCH HEEL FORWARD, TOUCH TOE BACK

- 1-2 Rock/step forward on right and back on left
- 3& Pick right foot up and place it behind your left as you hop on left (it is like skipping back)
- 4& Pick left foot up and place it behind your right as you hop on right (it is like skipping back)
- 5-6 Rock/step back on right and forward on left
- 7-8 Touch right heel forward, touch right toe back

REPEAT





墙数: 4