

If My Friends Could See Me Now

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Evelyn Khinoo (USA)
音乐: Singin' The Blues - The Kentucky Headhunters



HEEL-BALL FORWARD; WALK RIGHT; WALK LEFT; HEEL-BALL FORWARD; STOMP; HOLD; & PIVOT ¼ LEFT

1&2 Touch right heel forward, step ball of right next to left, step left forward
3-4 Walk right forward, walk left forward
5&6 Touch right heel forward, step ball of right next to left, step left forward
7-8& Stomp right forward, hold (hold hands out to side, waist high), pivot on ball of right ¼ turn to left

Optional Hat Trick: On count 7, take hat off & hold by front & back of brim with both hands. On count 8, twirl hat by the front end of brim with fingers of right hand. Put on head on count &, or continue the hat trick by waving it on counts 1&2 of the next section

TURNING HEEL & TOE & FORWARD; HEEL DROP; WALK RIGHT, LEFT FORWARD (NO WEIGHT)

The following heel & toe forward (counts 1-3) are done while executing a ¼ turn left. Optionally, you can hold the right arm up and wave while turning and looking right)

1&2&3 Touch left heel forward, step to center while turning 1/8 turn to left and traveling slightly to left, touch right toe to left instep, drop back on right heel completing ¼ left turn, step left slightly forward
&4 Bring left heel up, and down (toes on floor)
5-6 Walk right forward, walk left forward
7-8 Step right forward keeping weight on left, hold

Optional: In place of the hold, lift right heel up and down with toes on floor

WALK BACK RIGHT, LEFT; TOE/HEEL STRUTS TRAVELING BACKWARD RIGHT, LEFT; TOUCH RIGHT BACK; HOLD

1-2 Walk right back, walk left back
3-4 Tap right toe back, drop right heel

Optional: wave to the crowd with right hand and look right. As an optional hat trick, wave your hat by holding top of crown with right hand, replacing it on count 7

5-6 Tap left toe back, drop left heel
Optional: wave to the crowd with left hand and look left
7-8 Point right toe back, hold

Optional Hat Trick: wave your hat as above, but start on count 6 and replace on count 1 of the next section

WALK FORWARD RIGHT, LEFT; BALL STEP, HOLD, BALL STEP, HOLD; WALK FORWARD RIGHT, LEFT; PIVOT ¼ RIGHT

1-2 Walk right forward, walk left forward
&3-4 Step ball of right next to left instep, step left forward slightly (weight on left), hold
&5-6 Step ball of right next to left instep, step left forward slightly (weight on left), hold
7-8& Walk right forward, walk left forward, pivot on ball of left into ¼ right turn

REPEAT

THE "TOO MUCH FUN" 6-COUNT TAG

When dancing to "Singin' The Blues", execute the following steps after the 3rd pattern (facing wall 4) and the end of the 6th pattern (facing wall 7). It's too much fun and easy

1&2 Right heel ball change
3&4 Right heel ball change
5-6 Step right to side, hold

Weight remains on left, arms out to sides.

