

拍数: 32 墙数: 4 级数: Intermediate

编舞者: Paul Richardson (USA) 音乐: Illegal - Tim McGraw



ROCK, RECOVER, 1/4 TURN, 2 WALKS, PIVOT 1/4 TURN WITH CROSS, EXTENDED SHUFFLE, 1/2 TURN

1&2 Rock right foot over and across left, recover weight to left foot, make ¼ turn right stepping

right foot forward

3-4 Walk left forward, walk right forward

Step left foot forward, make ¼ turn right stepping down on right foot, cross left foot over right Step right foot to right side, but not past left, cross left farther over right, step right foot to right

side but not past left, make ½ turn left stepping left foot to left side

Styling: move shoulders on the extended shuffle, when stepping right move right shoulder down and left shoulder up. While stepping with left move left shoulder down and right shoulder up

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ¼ TURN, LOCK, STEP, 3 TWISTS WITH ½ TURN KICK, COASTER STEP

1&2& Rock right foot forward, recover weight to left foot, rock right foot back, recover weight to left

foot

3&4 Make ¼ turn right stepping right foot forward, lock left foot behind right foot, step right foot

forward

5&6 (Keeping right foot ahead of left) twist both heels to the right, twist heels left, twist heels right

making ½ turn left and kicking left foot forward

7&8 Step left foot back, step right foot next to left, step left foot forward

2 WALKS, MAMBO FORWARD, LOCK STEP BACK, ROCK, RECOVER, 1/4 TURN

1-2 Walk right forward, walk left forward

Rock right foot forward, recover weight to left foot, step right foot next to left

Step left foot back, step right foot back locking in front of left, step left foot back

7&8 Rock right foot back, recover weight to left foot, make ¼ turn left stepping right foot to right

side

WEAVE RIGHT, RIGHT SCISSOR STEP, ½ PADDLE TURN, ¾ PADDLE TURN, JUMP OUT, OUT, IN

1&2 Step left foot behind right, step right foot to right side, step left foot in front of right

Take large step to right side with right foot, slide left foot next to right, cross right foot over left Step forward on left, pivot on ½ right on right foot, step forward on left, pivot ¾ right on right

foot

7&8 Jump left foot out to left side, jump right foot out to right side, jump left foot directly under

body (styling: on count 8, as you jump in with left foot, flick right foot slightly back and up)

REPEAT