

I Never Knew Grandma Could Rollerblade!

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数:
编舞者: Evelyn Khinoo (USA)
音乐: Been There, Done That - Hank Williams, Jr.



This dance is most fun done to slow or medium East Coast Swing type of music. This allows emphasis on "The Rollerblade". Also (just for fun but definitely not required), the ideal props are: bicycle helmet; elbow/knee pads.

"THE ROLLERBLADE": TAP RIGHT, SLIDE RIGHT, TAP LEFT, SLIDE LEFT, BACK RIGHT, ROCK LEFT, STOMP RIGHT, HOLD

- 1-2 Touch right toe next to left, slide step to right side with toes angled right (keep right foot on floor)
- 3-4 Touch left toe together, slide step to left side with toes angled left (keep left foot on floor)
- 5-6 Rock step back right, recover weight to left in-place
- 7-8 Stomp (up) together right, hold (hand position: each hand out to side with palms down)

- 9-16 Repeat counts 1-8

STEP RIGHT, TOG LEFT, STEP RIGHT, TOUCH LEFT, BACK LEFT, LONG DRAG RIGHT, STOMP RIGHT

- 17-18 Step forward right, step together left
- 19-20 Step forward right, touch left toe together
- 21 Long step back left
- 22-23 On 2-counts-drag right together (optional: hold arms out to side/palms down during drag)
- 24 Stomp (up) together right

Optional hat trick: On counts 5-8, hold right front brim with right hand or Remove hat with right hand and sweep it down past right side, replace on count 8

STEP RIGHT, KICK LEFT, ¼ PIVOT RIGHT/SIDE LEFT, BACK RIGHT, LEFT, TOUCH RIGHT, HOLD & FLICK RIGHT BEHIND LEFT

- 25-26 Step forward right, kick forward left
- 27-28 Pivot right ¼ turn on ball of right and side step left, kick forward right
- 29-30 Step back right, step back left
- 31-32 Touch right toe together, hold (styling: hold arms out at sides)
- & Back cross right behind left (off floor)

Optional hat trick: On count 4, remove hat with right hand and stretch arm out to right side with crown in palm of hand Replace on count 5

On count 7-8&, hold right front brim with right hand and tip down slightly

REPEAT