How Does It Feel?



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Melissa Humbarger

音乐: Lost Without You - Robin Thicke



SLIDE RIGHT, SAILOR WITH 1/2 TURN LEFT, SCISSOR STEP WITH 1/4 LEFT, WALK LEFT, RIGHT

1 Step right to right side

2&3 Step left behind right, turn ¼ left and step right back, turn ¼ left and step left across right

4&5 Step right to right side, step left beside right, turn ¼ left and step right forward

6-7 Walk left, right

ROCK FORWARD AND BACK, LARGE STEP BACK, CROSS ROCK SWEEP, SAILOR STEP, TOE POINTS

8&1 Rock forward left, recover right, step back on left

2-3 Rock forward right, large step left back

4&5 Step right in front of left, step left back, sweep right to right

6& Step right behind left, step left beside right

7&8& Point right toe forward, step right beside left, point left toe forward, step left beside right

POINT AND STEP TWICE WITH 1/2 TURN RIGHT, SWAYS, CHASSE RIGHT

1-2 Point right to right, ½ turn left and step right in place

3-4 Point left to left, step left in place

6-5 Sway right, left

7&8& Step right to right, step left beside right, step right to right, step left beside right

SAILOR STEP (TWICE) WITH 1/2 TURN RIGHT, STEP TOGETHER, SLIDE STEPS WITH 1/4 TURN LEFT

1 Step right to right

Step left behind right, turn ¼ right and step right forward, step left beside right

Step right behind left, turn ¼ right and step left to left, step right beside left

6 Step left beside right

7-8 Step right to right, turn ¼ left and step left to left

& Turn ¼ turn left

REPEAT

TAG

4-count hold after 2nd and 7th time through

RESTART

Restart after first 16 counts of 3rd and 6th time through