

# How Sweet It Is

**COPPER** KNOB  
STEPSHEETS

拍数: 96      墙数: 1      级数: Intermediate  
编舞者: Sandra Le Brocq  
音乐: How Sweet It Is - Michael Bublé



## **CROSS HITCH, BACK TOUCH, CROSS HITCH, SIDE TOUCH, SAILOR STEP, ¼ TURN STEP, CLOSE**

- 1-2      Cross hitch right knee in front of left, cross touch right behind left
- 3-4      Cross hitch right knee in front of left, touch right to side
- 5-6      Step right behind left, step left to side, step right to side
- 7-8      ¼ turn to left stepping back on left, step right beside left (9:00)

## **FORWARD SHUFFLE, STEP ½ PIVOT, STEP LOCK, STEP ¾ SPIN TURN**

- 9&10      Step forward on left, step right next to left, step forward on left
- 11-12      Step forward on right, ½ pivot to left (weight on left)
- 13-14      Step forward on right, lock step left behind right
- 15-16      Step forward on right, ¾ turn to right lifting left beside right ankle (12:00)

## **SIDE SHUFFLE, CROSS ROCK, RECOVER, STEP, SIDE SHUFFLE, STEP**

- 17&18      Step to side on left, step right next to left, step left to side
- 19-20      Cross rock right behind left, step left in place
- 21-22&      Step right to side, step left in place, step right next to left
- 23-24      Step left to side, step right to side (12:00)

## **STEP, KICK, STEP, SWEEP, TUCK, ½ TURN STEP, FORWARD SHUFFLE**

- 25-26      Cross step left behind right, low right kick to side
- 27-28      Cross step right behind left, sweep left to back (skimming floor)
- 29-30      Tuck left behind right, ½ turn to left stepping right in place
- 31&32      Step forward on left, step right next to left, step forward on left (6:00)

## **CROSS ROCK, RECOVER, SIDE "SWING" SHUFFLE TWICE, STEP, ¼ TURN, CLOSE**

- 33-34      Cross rock right over left, step left in place
- 35&36      Step right to side, step ball of left beside right, step right (straight leg) to side (left knee stays bent)
- 37&38      Step left in place, step ball of right beside left, step left (straight leg) to side (right knee stays bent)

### **Easier option - replace with regular shuffles**

- 39-40      Step right in place, ¼ turn to right stepping left beside right (9:00)

## **KICK BALL CHANGE, STEP ½ PIVOT, KICK BALL CHANGE, TUCK, ¾ TURN STEP**

- 41&42      Right kick forward, ball step back on right, step left in place
- 43-44      Step forward on right, ½ pivot turn to left (weight on left)
- 45&46      Right kick forward, ball step back on right, step left in place
- 47-48      Tuck right behind left (start turn to right), complete ¾ turn stepping left beside right (9:00)

## **HIP WALKS TWICE, BACK-TOGETHER JUMPS, CLAP, TOE-STRUT, CROSS TOE-STRUT**

- 49-50      Facing front, lift right hip & step right to right diagonal, lift left hip & step left to left diagonal

### **Optional arms:- bring right palm up & slightly out to shoulder level, repeat left**

- &51-52      Right-left quick jumps back, closing feet (&3) clap hands
- 53-54      Ball-step on right to side, drop right heel
- 55-56      Cross ball-step left over right, drop left heel

## **FULL SPIN TURN, SIDE TOUCH, HOLD, SLOW SWAY, QUICK SWAYS**

57-58 Take weight on right, spinning full turn to right, jab left to side (to "brake")  
59-64 Hold (3, 4) smoothly sway to left (5, 6) small sways to right and left (7, 8)

#### **CROSS KICK BALL-CHANGE TWICE, FORWARD "SWING" SHUFFLES, TWICE**

65&66 Cross kick right over left, ball-step back on right, step left in place  
67&68 Repeat (3&4)  
69&70 ¼ turn to left stepping right to side, step left next to right, ¼ turn to right stepping right in place

#### **Swivel on right heel if you like**

71&72 ¼ turn to right stepping left to side, step right next to left, ¼ turn to left stepping left in place

#### **Swivel on left heel**

#### **¼ TURN, SIDE LUNGE, RECOVER, ¾ TURN COASTER, SIDE, ½ PIVOT, ROCK-RECOVER**

73-74 ¼ turn to left & lunge to side on right (head turned to 12:00) (jab index finger forward on word "you" if you like), recover weight on left  
75&76 ¼ turn right stepping right behind left, ¼ turn right stepping left in place, ¼ turn right stepping right forward  
77-78 Large step on left to side (keep weight central, ½ turn to right bringing left next to right ankle)  
79-80 Large step on left to side, recover weight on right

#### **CROSS KICK BALL-CHANGE TWICE, FORWARD SWING SHUFFLES TWICE**

81&82 Cross kick left over right, ball-step back on left, step right in place  
83&84 Repeat (3&4))  
85&86 ¼ turn to right stepping left to side, step right next to left, ¼ turn to left stepping left in place

#### **Swivel on left heel if you like**

87&88 ¼ turn to left stepping right to side, step left next to right, ¼ turn to right stepping right in place

#### **Swivel on heel**

#### **¼ TURN- SIDE LUNGE, RECOVER, ¾ TURN COASTER, SIDE ½ PIVOT, ROCK, RECOVER**

89-90 ¼ turn to right & lunge to side on left (head turned to 12:00) (optional finger 'jab')recover weight on right  
91&92 ¼ turn left stepping left behind right, ¼ turn left stepping right in place, ¼ turn left stepping left forward  
93-94 Large step on right to side (keep weight central), ½ turn to left bringing right next to left ankle  
95-96 Large step on right to side, recover weight on left

#### **REPEAT**

On 3rd sequence, do the fast turn on count 57, then add a left touch beside right before the left side jab. Hold for 1 count only then slow sways (2 counts each) left-right-left followed by 2 quick sways. Continue as usual from count 65

#### **ENDING**

After 48 counts of 4th sequence continue counting in tempo as follows:-

1-4 Step right forward, touch left beside right, step left forward, touch right beside left  
5-6 ¼ turn left stepping right to side, look left and touch left shoulder with right hand  
7 Twist body to face 12:00, bending left knee & pushing right palm to 12:00  
8 Hold

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