# **Howzit Start**



拍数: 80 墙数: 1 级数:

编舞者: Lennette Hall

音乐: Cowboy Beat - The Bellamy Brothers



## TWO HEEL SPLITS, HEEL & TOE TOUCHES, HEEL STEPS, 45 DEGREE VINES, TURNING BOX STEP

1-4	With weight on	toes turn	heels out and	back, repeat

5-8 Right heel touch forward at ¼ turn, touch left toe to left front of left foot, touch right heel

forward 45 degrees, step beside left

9-12 Repeat last four counts with left foot

13-15 Step forward on right heel at 45 degrees with toe up, step forward on left heel at 45 degrees

with toe up, step right back in place, step left beside

16-20 Step right foot forward 45 degrees right, step left behind, step right 45 degrees right, hitch left

knee

21-24 Step left foot forward 45 degrees left, step right behind, step left 45 degrees left, hitch right

25-28 Step right over left, step left back (small step), step back on right with 1/4 turn right, step left

beside

### HEEL & TOE TOUCHES, HEEL STEPS, 45 DEGREE VINES, TURNING BOX STEP

29-52 Repeat steps from step 5 (right heel touch forward) to step 28

#### HEEL STEPS, 45 DEGREE VINES, TURNING BOX STEP

53-68 Repeat steps from step 13 (step forward on right heel) to step 28

#### 45 DEGREE VINES, TURNING BOX STEP

69-80 Repeat steps from step 16 (step right foot forward 45 degrees) to step 28

#### **REPEAT**

This dance was choreographed for all the people who ask "How does it start" as soon as a dance is announced and allows a different start to the pattern on each wall faced.